

**REGISTERED COMPANY NUMBER: 05861345 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1116301**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024  
FOR  
HAVANT AND EAST HANTS MIND**

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FOR THE YEAR ENDED 31 MARCH 2024**

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**HAVANT AND EAST HANTS MIND**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Havant and East Hants Mind works to create a better life for everyone with experience of mental illness by:

- Advancing the views, needs and ambitions of people with mental illness
  - Challenging discrimination and promoting inclusion
  - Influencing policy through campaigning and education
  - Inspiring the development of quality services which reflect expressed needs and diversity.
  - Achieving equal rights through campaigning and education
- In all its work the Charity promotes its values: Informed, determined, diversity, integrity, and partnership

To achieve these aims Havant and East Hants Mind:

- Promotes mental Wellbeing within the community
- Works in partnership with other organisations in both the statutory and voluntary sectors
- Values diversity.
- Works with mental health service users to promote recovery and to increase their influence over their own lives.
- Challenge discrimination and promotes social inclusion.
- Campaigns and raises funds.
- Involves service users in all aspects of its work.
- Focuses on quality in service provision.

Everything we do is informed and influenced by the people who use our services.

**REVIEW OF PUBLIC BENEFIT**

In line with the Charities Act 2011 and subsequent guidance from the Charity Commission, the Trustees have considered how Havant and East Hants Mind satisfies the public benefit "principles" set out in the Act. The trustees consider that it satisfies at least 7 Charitable purposes: the prevention or relief of poverty; the advancement of education; the advancement of health or the saving of lives; the advancement of citizenship or community development; the advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity; the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage; the promotion of the efficiency of the police. In addition, the trustees consider that there are clearly identifiable benefits that arise from its aims, and that no detriment or harm arises (Principle 1); and that significant sectors of the public benefit directly and indirectly from its aims, and that there are no undue restrictions on access to its services (Principle 2).

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

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**ACHIEVEMENT AND PERFORMANCE**

**Chair of Trustees Report**

Dear Friends, Team members and Supporters,

As Chairperson of Havant and East Hants Mind, I am proud to present our annual Report and Accounts for 2024. This year has been one of both challenge and significant progress, highlighting the critical importance of our mission to support and advocate for those affected by mental health issues.

This year, we also witnessed a significant shift in the political landscape with a change in government. The new administration, led by Prime Minister Keir Starmer, has committed to making mental health a priority. In his recent statement, Starmer emphasised the importance of accessible mental health services and pledged to increase funding and support for mental health initiatives across the UK. This commitment aligns with our mission and provides a hopeful outlook for the future of mental health care.

**The Mental Health Landscape in 2024**

Mental health remains a major concern in the UK, with recent statistics underlining the scale of the issue:

1. **Mental Health Prevalence:** Approximately 1 in 4 adults in the UK continue to experience a mental health problem each year, consistent with previous years (source: NHS Digital). This ongoing challenge emphasises the need for sustained mental health support and services.
2. **Rising Anxiety and Depression:** The Health Survey for England in 2024 reports that 17% of adults now experience moderate to severe anxiety or depression, up from 16% in 2023. This increase is a clear indicator of the growing need for mental health resources and support.
3. **Youth Mental Health Concerns:** Mental health issues among young people are rising, with about 12% of children and adolescents aged 5-19 affected by some form of mental health disorder (source: NHS Digital, 2024). Social media pressures, academic stress, are contributing factors.
4. **Suicide Rates:** In England and Wales rates are at the highest point for more than 20 Years. (source MIND UK) Even one is too many. This area should be a government focus: We at MIND call for an increase in funding to improve access to mental health services, better training for healthcare professionals, and community-based interventions to support individuals in crisis.
5. **Economic Stress:** The ongoing cost-of-living crisis has intensified mental health challenges, with nearly 30% of UK adults citing financial concerns as a leading cause of anxiety and depression (source: Mind UK, 2024). This economic stress underscores the link between financial well-being and mental health.

**Some of our key Achievements in 23/24**

Despite these challenges, we have made notable strides this year, thanks to the dedication of our team and the generosity of our supporters:

- We had over 2000 interactions children and young people through the Lighthouse and Safe Haven.
- We saw over 3,000 new referrals to our Adult Services Team (Wellbeing, PCN and Safe Haven).
- The Family Team supported 115 families.
- Our Suicide Prevention and Postvention Service is a vital part of our efforts, focusing on preventing suicides and offering compassionate support to those impacted by such tragedies. Winning this contract is testament to our commitment to creating a safe and supportive environment for everyone, as highlighted by our overall approach to mental health crisis support.
- Our Connect 5 program in Portsmouth and Southampton, is another key initiative aimed at improving mental health understanding and empowering individuals to manage their mental health proactively. This training equips participants with the skills to handle stress and recognise early signs of mental health issues.
- Our ongoing Workplace Wellbeing contract, further supports our mission by promoting mental health in workplaces, helping employers create supportive environments where mental health and well-being are prioritised.

These initiatives reflect our core values of empathy, respect, and inclusion, as well as our commitment to making a positive difference in the lives of those in our community.

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As we look to the future, our commitment remains steadfast. We will continue to enhance our services, advocate for better mental health policies, and work to break the stigma surrounding mental health issues. We are also excited about new technological solutions that will allow us to reach more people in need.

I would like to express my heartfelt gratitude to our staff, volunteers, and partners. Your dedication and support make our work possible. Together, we are making a real difference in the lives of those struggling with mental health issues, and we will continue to strive for a world where mental health is a priority for everyone.

With sincere thanks,

Richard Watts

Chairman of the board of Trustees, Havant and East Hants MIND

### **Overview of our services**

#### **Adult Services**

##### **Community Wellbeing**

The adult wellbeing service is a mental health and wellbeing recovery service for those over 18 years of age. Anyone identifying they have a mental health or wellbeing issue can refer themselves via the telephone, face to face or via our online referral form. We have relationships with GPs across our area as well as a wide range of voluntary sector partners who also refer clients to the service.

##### **Primary Care Services**

Our PCN service operates across various regions of Hampshire, focusing on providing holistic mental health support in GP surgeries. Our core offerings were designed to address the mental health challenges faced by individuals and offer a holistic method to empower our local populations.

##### **Adult Safe Haven**

The aim of the Safe Haven is to provide a place for those in self-defined mental health crisis. It is open from 6pm to 10pm 365 days a year.

##### **Advocacy**

We continue to provide services to local authorities who have clients resident in Hampshire care homes. We are actively pursuing funding for an opportunity to provide Community Rights Advocacy in the county. We continue to deliver our contract with HCC along with our partners Speakeasy and Choices advocacy.

#### **Children Services**

##### **Children and Young People's Safe Haven**

CYP Safe Haven is an out-of-hours wellbeing and mental health support service for young people aged 11-17yrs, living in the Havant and South East Hants.

The aims are:

- To provide immediate support for young people in mental health crisis.
- To empower young people to independently manage their mental health and wellbeing to prevent mental health crisis.
- To provide signposting information and refer to specialist services, if needed.
- To provide early intervention/teach self-help strategies to reduce the number of young people needing to use NHS services such as CAMHS.

##### **The Lighthouse**

The Lighthouse is an open access drop in, youth-club style service for children and young people aged 10-18 years old with a mental health and wellbeing focus who live in the Borough of Havant. Just call in to this fun, safe and supported environment facilitated by youth workers and mental health practitioners. Including supported activities, games, crafts, wellbeing focused workshops, refreshments, cooking sessions, 1 to 1 and peer support, signposting.



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**Family Services**

In April 23, Hampshire County Council and the Department of Education (DfE) awarded HEH Mind Family Services a new contract under the Supporting Families Programme (SFP). This again meant that we are the main provider within Hampshire under the Supporting Families Programme.

The two most notable changes to the contract were;

1. Another provider was designated provide support to families within Havant, Fareham and Gosport while we operated across the rest of Hampshire.
2. Additional new roles of Family Coordinators were to be embedded in the staffing structure and service delivery.

**Workplace Wellbeing & Training**

Our primary objective is to sustainably build capacity to foster good mental health amongst workforces. To ensure people can support each other in a variety of settings and can improve access to early help leading to quicker /better recovery.

We now have a wide range of training available and a growing diverse customer base. Our well-developed website offers a good range for individuals and organisations. We have delivered a mix of standard training programs and bespoke courses.

We have many local and some national employers, to whom we have provided advice, support and training, challenging perceptions of mental health and helping to build healthy, supportive work environments.

In 2023-24 we continued to provide the workplace wellbeing service at Havant, Southdowns and Alton colleges. Since 2018 we have been providing their workforce with support, training and positive mental health promotion.

We also launched and successfully delivered our ongoing support packages for mental health champions, Mental Health First aiders and Connect 5ers.

**Training**

The full time Workplace Wellbeing and Training manager has further facilitated the development of the training service. In early 2024 HEH Mind were one of 5 Mind's across the UK to win a new contract to support National Mind in its transition to a federation first model for Training. HEH Mind were heavily involved in the development of the new principles, mechanisms, processes and standards associated with delivering high quality training, equitably distributed across the federation. In total we trained 441 people from businesses between April 23 and March 24.

**Community Training**

In August 2023 we retained the Connect 5 Community Training contract on behalf of Public Health Portsmouth and Southampton for the next 18 months. This Connect 5 course is free to delegates in key sectors. The aim is to help staff and volunteers feel more confident to talk about mental health and to offer supportive conversations to the people they support, their families and friends and their work colleagues.

In June 2023 we secured a contract to design and deliver a short "lets get talking" course to staff and volunteers supporting people who may be experiencing poor mental health as a result of the cost-of-living crisis. We therefore targeted foodbanks, community pantries, warm hubs and other community hubs. This work continues through all of 2024,

Building on previous work in Sept 2023, HEH Mind was awarded a contract to provide Suicide Prevention and Postvention Support to workplaces in Portsmouth Southampton IOW and Hampshire. Our efforts are focussed on preventing suicides and offering compassionate support to those impacted by such tragedies and creating a safe and supportive environment for everyone.

We have collaborated with dozens of workplaces, have developed and consulted on a range of best practice models of support for different types and scales of workplaces. We have also developed a "suicide prevention/postvention for workplaces" training offer. This will be rolled out across 2024.

As part of our ongoing partnership with Hampshire Football Association we supported them in their application for grants from the "Football Delivery Fund". The 'Football for a better Mind' project was successful and enabled HEH Mind and HFA to design an outreach training programme to deliver 6 X MHFA Champion courses to grass roots football clubs, officials, coaches and safeguarding leads over 2024.

In total we delivered structured training to 330 people in the community sector in 2023-24.

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In 2023 we worked with Public Health Portsmouth, Southampton IOW and Hampshire to develop proposals to Heath education England. Ensuring effectiveness, quality and sustainability of suicide prevention training across both in terms of delivery and commissioning across the ICS. In March 2024 a grant was awarded and HEH mind began work on this quality assurance framework and resources. This will be developed further over 2024 with wider stakeholder participation.

**Community development and engagement**

In 2023 -24 our community team reached 41,784 people via in person activities, with 3,107 direct interactions. This is an increase from 30,166 people and 1,839 interactions in 2022 -23.

Via our social media channels, we reached 229,959 individuals/ accounts, an increase from 192,633 the previous year.

Our engagement within the Mind Federation remains strong with Communication and Community Lead very much part of the "Mind Engagement Group, Fundraising and Communications Networking Groups". We have fed back our insights about current and future network collaborations successes and challenges.

We recruited our first Community Volunteer. Joining the team for 6 months (December'22 to May'24); gaining insights and experiences that have supported her career progression (now working full time as a Media Executive in London for Smithfield Agency). Following this successful volunteer placement two new volunteer opportunities were created to attract future volunteers. The Events and Fundraising Volunteer role with regular/ weekly hours and an ad hoc role allowing volunteers to support at events and activities, without having the commitment of weekly hours. We are delighted that our original volunteer still remains part of our team in this secondary role; supporting ad hoc events when possible.

We continue to review ways and opportunities we can collaborate with our three neighbouring local Minds; Andover, Solent and West Sussex; with collaborations for 2024-25 in discussion. In Nov'23 we supported Dorset Mind's Charity Day in partnership with Woodhouse and Hall.

Our collaborations with local colleges (HSDC and COPC) continue to develop with growing support for signposting and fundraising. This Spring Public Service students at HSDC Alton raised £250 for HEH Mind and will in 2024-2025 be displaying our logo on their uniforms.

Following the completion of our Advancing Mental Health Equality Project in Spring'24 we continue to review ways we can celebrate and support members of the LGBTIQ+ community within our service delivery, community engagement and spaces. Some of our other actions following this projects completion include:

- Active signposting to our Equality, Diversity and Inclusion Policy; also now part of all new starter inductions
- Continue active engagement and support for Portsmouth Pride (since 2020)
- Staff and volunteers encouraged to show preferred pronouns in email signatures.
- Since 2023 supported conversations and interest in establishing small community local Pride events in two locations, though this is yet to progress into development
- Gender neutral language should be used on all HEH Mind forms (since 2023)
- We include the PiVS logo in our email signatures
- Service delivery (Adult Wellbeing), we set up a new virtual/ online peer to peer LGBTIQ+ group Autumn'23.
- Staff are able to access LGBTIQ+ staff networking and support via 'Connecting Minds' platform for local Minds (since Autumn'23).
- Organisation wide Equality, Diversity and Inclusion training will be delivered in the next year (Summer'24), with a particular focus on LGBTIQ+
- Continued support and promotion of awareness dates: Pride Month, IDAHOBIT and LGBTIQ+ History Month
- We continue to provide information about the experience LGBT+ Veterans had and the potential impact the 'gay ban' had and is still having

Our Mental Health Ambassadors project continues to evolve, with some sports clubs interested more in one off support or events, rather than the whole ambassador programme.

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Working with key partners continues to build our reputation in communities and demographics that are considered more difficult reach. Key partners such as Hampshire FA, Solent Sports, Ropley Cricket, HAWKS Walking Football, Sands United Basingstoke and HSDC have been key. Ambassadors are supported through club visits and by 6 weekly online check-in.

For the second year we sponsored the Special Merit Award at Havant Borough Sport Association Sports Awards to help raise awareness to our offer amongst local sport clubs.

The Supporters Conference was morphed into our new Volunteers Celebration event including Ambassadors in our club settings and other volunteers from across the HEH mind organisation. This first event will be hosted in June'24 as part of Volunteers Week at the Meridian Centre, hosted by our Chair of Trustees and Deputy CEO.

The level of interest in collaborations and partnerships continues to grow, however enquires are increasingly focused on short term collaborations that have a lower level of commitment on partners, such as Charity Matches and Charity Days.

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### **Fundraising**

In 2023 the Charities Aid Foundation, the UK public donated an estimated £13.9 billion to charity in 2023, which is up 1.2 billion from 2022 (9.4% increase). However, fewer people donated than before the pandemic. There was an (anecdotal) shift in fundraising with many more becoming affected by the cost-of-living crisis, relationships with 'key individuals', workplaces and existing groups becoming increasingly important to support fundraising. Grant Thornton recently stated that while charitable funding has increased, the number of people who can give is decreasing.

The last quarter of 2023/24 financial year showed a 71% increase in comparison to the same quarter in all past years. This rise in the traditionally quiet post-Christmas period may be an indicator that areas such as legacy /in memory of giving (in part responsible for that increase) are an area for future development.

The new Fundraising lead has now been in post for a year (starting April'23) and continues to build relationships across the area as well as new systems to better understand our funding sources, our ability to thanks and maintain contact with donors and to claim gift aid where possible. This has included building relationships and partnerships, such as at LinkedIn Local (Portsmouth), a popular business networking event for businesses across the south where we received £1,420 as their event charity in Feb'24.

2023-24 our total fundraising income was £38,926. However, we are yet to establish Charity of the Year partnerships likely to result in major financial donations for 2024-25, which is concerning given our 2024-25 fundraising target of £68,000.

Later this year (2024) we will host our first and second self-hosted fundraising events (Comedy Night and Mental Elf). Our hope is for these events to make a small fundraising profit and potentially generate enough interest and support to host these events again in 2025, when we would see a greater return on our time and resources investment.

### **Communications**

This year our key communications project was focused on the moves from The Hub to Leigh Park Community Centre and the new site opening at Meridian Shopping Centre. We developed multiple digital resources including multiple videos supporting both promotion on the move and new space, along with being an accessibility asset. Providing an opportunity for anyone worried, concerned or anxious about visiting us to see the space before they visit. Eliza (Adult Wellbeing Team) supported the recording by acting as our guide and walk through for these videos.

Looking forward to next year our messaging will also include our CEO transition.

### **Collaboration on themes**

We collaborated with Kate from South Downs National Park to promote the local sites like Staunton Country Park and the impact spaces like this can have on our wellbeing.



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As part of Time To Talk Day, Pete from Hampshire FA shared his lived experience of bereavement, suicide loss and the pivotal role football has played in supporting his mental health with us. This project started in September'23 when Pete approached us about sharing his story. We met with Pete multiple times before recording in November'23 and reviewed our planned content with Pete and the Safeguarding Lead at Hampshire FA in Dec'23 and Jan'24 prior to launching/ sharing it in Feb'24. With subsequent check-ins after one day, one week and one month. (Watch - <https://youtu.be/xXcO7Zf7-0k> or read - <https://www.easthantsmind.org/news/>)

**Social media**

Our social media accounts are seeing increased activity and collaborative opportunities. The support of our new Events and Fundraising Assistant, recruited Dec'23, will hopefully support the sharing and promotion of our work, services, fundraising, volunteering and events to a wider audience, supporting our continued efforts to build our reputation within and across Hampshire and the Mind Network.

**Seasonal communications material**

Seasonal communications material continues to be sent out to our communications mailing list of around 40 individuals. Our monthly eNewsletter has 260 subscribers with an average 70% open rate, though occasionally as low as 40%.

**Podcasts**

Our Podcast continues to be a great way to share insights to services, fundraising and community, having 19 episodes as of April '24.

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**FINANCIAL REVIEW**

**Financial performance**

Another year of growth for the charity with strong performances in Wellbeing and Community Development. Our successful safe haven projects were recognised with continued funding from statutory authorities. Our training and workplace wellbeing services to the private sector also showed promising growth. The strategy for 2024/2025 is to expand our range of provision for children and young people as well as older adults.

**Reserves policy**

Like other charities, Havant & East Hants Mind is aware of the need to secure its viability beyond the immediate future. For the long term, it must be able to absorb setbacks and to take advantage of change and opportunity. Because some believe that holding significant amounts of reserves is tantamount to hoarding it is necessary to justify and explain its reserves position. Donors are entitled to be reassured that a charity with reserves has good reasons for keeping funds in reserve and to know what those reasons are.

The Charity Commission defines reserves as income which becomes available to the charity and is to be expended at the trustee's discretion in furtherance of any of the charity's objects, but which is not yet spent, committed, or designated. Its definition therefore excludes:

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Permanent endowment:	A capital fund where there is no power to convert the capital into income.
Expendable endowment:	A capital fund where the trustees have the power to convert it into income and apply it as such.
Restricted funds:	Funds subject to specific trusts.
Designated funds:	Designation is an administrative act by which trustees may earmark unrestricted funds for a particular use without restricting or committing the funds legally.
Income funds:	Can be realised only by disposing of fixed assets held for charity use.

Havant and East Hants Mind maintains a financial reserve for the following reasons:

1. Havant and East Hants Mind gratefully accepts donations and applies for grants. The Charity also takes advantage of investment income.
2. In line with the Charity Commission's recommendation the trustee consider that, in the event of Havant and East Hants Mind having to be wound up, provision for the continuation of operations for six months must be kept in reserve to allow for a proper running down.
3. The trustees consider that provision for redundancy must be kept in reserve.
4. Havant and East Hants Mind rents office space that has poor facilities. The trustees wish to improve the situation and are searching for appropriate accommodation.
5. Provision for the employees of Havant and East Hants Mind is through The Pensions Trust. Pensions liability is now included in the accounts as required by FRS102. The provision included in the accounts for 2023/24 is £365.

Efforts to diversify our funding streams continues to be a challenge, but NHS funding has now become a major source of income reducing our reliance on the local authority. Promised increases in government funding for mental health plus NHS resource constraints have prompted a review of service provision. This presents the voluntary sector with both opportunities and challenges which we are keen to address. More work needs to be done but the trustees are confident that the charity's future is on a more secure footing.

Reserves can only be generated and maintained by strict financial controls. An overview of the financial situation is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary and always annually.

At year end, there was total funds of £1,504,590 with £522,965 of this being restricted.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation was an unincorporated association registered as a charity on 24th September 1992 under a charitable constitution. A new Charitable Company limited by guarantee was incorporated on the 26th June 2006 and registered as a charity on 7th October 2006. The company was established under a Memorandum and Articles of Association with the same area of benefit as the unincorporated association.

The charitable company started to operate on the 1st October 2006 at which point all assets were transferred from the unincorporated association to the charitable company and the charitable association has been dissolved. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member. The guidance of the Charity Commission was followed throughout this process.

The Trustee Directors of Havant and East Hants Mind are legally responsible for the overall management, control and strategic direction of Havant and East Hants Mind. They meet monthly and there are several sub-groups that meet, in addition to this, to work on identified areas such as fundraising and strategy.

The chief executive is employed to carry out operational activities and organisational management and attends each committee meeting to report on all activities.

Havant and East Hants Mind is a local charity and is affiliated to the national charity Mind (National Association for Mental Health). It consistently works in a way that promotes and upholds the values of Mind whilst maintaining its own autonomy, allowing it to respond to local needs. Havant and East Hants Mind has strong links with Mind, attends regular meetings, undertakes training, and supports campaigns at both local and national levels.

The charity has been involved with National Mind's network future's group and largely Network First consultations. It has supported research into suicide prevention and children and young people's services, communications and workplace wellbeing and training. We continue to be an active participant in the national charity's engagement and research forums.

**Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purpose of Charity Law.

Under the provision of the Memorandum and Articles of Association trustee directors are elected to serve for a period of three years, after which they may stand for re-election at the next Annual General Meeting.

Prospective trustees are encouraged to attend board meetings as observers prior to standing for election.

Havant and East Hants Mind is committed to ensuring a diversity of trustee directors and include those with personal experience of mental distress either directly or indirectly.

Trustees are encouraged to become familiar with the practical work of the organisation to gain insight and be better placed to serve as trustee directors.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The executive committee is responsible for the management of risks faced by Havant and East Hants Mind.

A Risk Register is maintained and regularly reviewed by the Board. Risks are identified and assessed, and controls established to mitigate them appropriately.

Service contracts which the charity has with Hampshire County Council specify standards in all areas of work and the standards are met across all the work of the agency. They are designed to minimise risks and provide a safe and professional service to clients and a safe working environment for staff and volunteers.

Mind has its own quality standards (Mind Quality Mark (MQM)) in which Local Mind Associations (LMAs) are assessed on the quality of the services they provide and the work that they do. It describes the best practice for LMAs. It is also a tool to facilitate learning and development within the LMAs.

Havant and East Hants Mind is committed to quality and fully supports and participates in MQM. It also holds the Community Legal Service Quality Mark and the Advocacy Quality Performance Mark.

Our quality standards were recognised nationally with the award of two Mind Excellence awards and a commendation in a third category.

As a condition of obtaining the Sport England grant a full review of quality control and governance arrangements was undertaken and we were able to fully satisfy Sport England's stringent requirements. As a condition of working in collaboration with the NHS on the Adults and Children's safe havens we were required to undertake a Data Protection Impact Assessment (DPIA) which was completed successfully.

We are signatories to, the Mindful Employers initiative and this year achieved Cyber Essentials certification.

External risks to funding continue to be monitored by the executive committee and by management. Its strategic plan aims to broaden its funding base, explore social enterprise, and prepare for personalisation. It will continue to seek out opportunities to work in partnership with other Local Mind Associations.

Key controls used are:

- Formal agendas for all committee activities
- Detailed and regular budget monitoring reports
- Comprehensive strategic planning, budgeting and management accounting
- Established organisational structure and lines of reporting
- Maintain reserves in line with policies and requirement
- Maintain compliance with Mind's quality standards
- Formal written policies reviewed a minimum of every three years.
- Safeguarding procedures as required by the law for the protection of the vulnerable.
- Comprehensive management information systems and key performance indicators.

**Remuneration**

Salary policy, bonuses and annual increments are approved by the remuneration sub-committee of the main trustee board. Staff salaries are set in line with NJC (National Joint Council for social work and charities) pay scales.

**Fundraising**

The charity actively supports individuals, community groups and employers to raise funds for it. This is done by its own staff members and the charity does not employ professional fundraisers or commercial participators. We are not currently registered with the Fundraising Regulator but are aware of and seek to comply with the Code of Fundraising Practice. There have been no complaints about any of our fundraising activities.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05861345 (England and Wales)

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**Registered Charity number**  
1116301

**Registered office**  
Leigh Park Community Centre  
Dunsbury Way  
Havant  
Hampshire  
PO9 5BG

<b>Trustees</b>	
J Owens	Resigned 23 May 2024
R Watts	
K Orr	
E Dennison	Resigned 1 March 2024
R Redfern	
D Gibb-Gray	Resigned 23 May 2024

**Chief Executive**  
J Parker

**Company Secretary**  
J Parker

**Auditors**  
Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

**Bankers**  
Natwest Bank  
23 West Street  
Havant  
Hampshire  
PO9 1EU

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Havant and East Hants Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.



**HAVANT AND EAST HANTS MIND**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Morris Crocker Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

---

Approved by order of the board of trustees on 14-12-2024 and signed on its behalf by:



.....  
R Watts - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Opinion**

We have audited the financial statements of Havant and East Hants Mind (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

From discussion with management and those charged with governance information about the entity is documented to assess the activity within the organisation. We discuss management's assessment of risk in respect of irregularities, fraud and going concern.

Based on these discussions and our own assessments we determined that the key risk areas were income recognition in respect of cut off issues and management override concerning the size of the organisation.

We set financial statement materiality level based on the level of income. As a not for profit organisation raising income is its primary focus which is why income was used to determine the level of materiality. Our overall assessment of risk was used to determine performance materiality at an appropriate level.

Substantive audit tests were designed after assessing and performing walkthrough tests. The walkthrough testing confirmed documented systems which have been designed to act as a preventative measure against fraud and error which appear to be operating as documented. Substantive testing tested a sample of the population, representative of the population, to identify errors. The testing did not identify any material misstatements in areas tested.

Audit substantive tests concluded no material errors over the key risk areas of income recognition and management override.

The audit considers the organisation is not exposed to material risk of error as a result of assessing laws and regulations that are appropriate to the organisation.

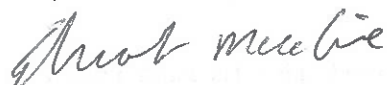
Management assessed there is no going concern risk. The audit undertook a review of budgets, management accounts and the review of board minutes and came to the same conclusion as management.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
HAVANT AND EAST HANTS MIND**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Stuart Mackie (Senior Statutory Auditor)  
for and on behalf of Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: .....18 December 2024.....



# HAVANT AND EAST HANTS MIND

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	38,979	7,225	46,204	63,303
<b>Charitable activities</b>	5				
Advocacy		12,804	-	12,804	34,589
Wellbeing		1,159,461	255,464	1,414,925	1,229,702
Community Development		161	51,897	52,058	128,398
Families team		-	458,093	458,093	244,405
Children and young people		69,634	69,000	138,634	90,288
Other trading activities	3	93,870	14,537	108,407	64,328
Investment income	4	38,853	-	38,853	13,999
<b>Total</b>		<b>1,413,762</b>	<b>856,216</b>	<b>2,269,978</b>	<b>1,869,012</b>
<b>EXPENDITURE ON</b>					
Raising funds	6	9,625	-	9,625	10,365
<b>Charitable activities</b>	7				
Advocacy		12,350	296	12,646	49,823
Wellbeing		958,693	223,663	1,182,356	825,234
Community Development		127,143	117,893	245,036	260,485
Families team		85,322	271,881	357,203	364,433
Children and young people		57,569	86,483	144,052	100,759
<b>Total</b>		<b>1,250,702</b>	<b>700,216</b>	<b>1,950,918</b>	<b>1,611,099</b>
Net gains/(losses) on investments		30,678	-	30,678	(59,923)
<b>NET INCOME</b>		<b>193,738</b>	<b>156,000</b>	<b>349,738</b>	<b>197,990</b>
<b>Other recognised gains/(losses)</b>					
Actuarial gains on defined benefit schemes		-	-	-	21
<b>Net movement in funds</b>		<b>193,738</b>	<b>156,000</b>	<b>349,738</b>	<b>198,011</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		787,889	366,963	1,154,852	956,841
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>981,627</b>	<b>522,963</b>	<b>1,504,590</b>	<b>1,154,852</b>

The notes form part of these financial statements


# HAVANT AND EAST HANTS MIND

## BALANCE SHEET 31 MARCH 2024

	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	14	103,046	18,232
Investments	15	599,232	563,003
		<u>702,278</u>	<u>581,235</u>
<b>CURRENT ASSETS</b>			
Debtors	16	157,448	296,342
Cash at bank and in hand		787,485	378,275
		<u>944,933</u>	<u>674,617</u>
<b>CREDITORS</b>			
Amounts falling due within one year	17	(142,256)	(100,218)
<b>NET CURRENT ASSETS</b>		<u>802,677</u>	<u>574,399</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		1,504,955	1,155,634
<b>PROVISIONS FOR LIABILITIES</b>	18	(365)	(782)
<b>NET ASSETS</b>		<u>1,504,590</u>	<u>1,154,852</u>
<b>FUNDS</b>	20		
Unrestricted funds		981,625	787,889
Restricted funds		522,965	366,963
<b>TOTAL FUNDS</b>		<u>1,504,590</u>	<u>1,154,852</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 14 December 2024 and were signed on its behalf by:

  
R Watts - Trustee

**HAVANT AND EAST HANTS MIND**  
**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	474,441	(56,863)
Net cash provided by/(used in) operating activities		<u>474,441</u>	<u>(56,863)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(98,116)	(14,094)
Purchase of fixed asset investments		(116,210)	(70,110)
Sale of fixed asset investments		110,242	67,551
Interest received		25,091	1,856
Dividends received		13,762	12,143
Net cash used in investing activities		<u>(65,231)</u>	<u>(2,654)</u>
<b>Change in cash and cash equivalents in the reporting period</b>			
		409,210	(59,517)
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>378,275</u>	<u>437,792</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>787,485</u></u>	<u><u>378,275</u></u>

The notes form part of these financial statements

## HAVANT AND EAST HANTS MIND

### NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

#### 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	349,738	197,990
<b>Adjustments for:</b>		
Depreciation charges	13,302	5,824
(Gain)/losses on investments	(30,678)	59,923
Interest received	(25,091)	(1,856)
Dividends received	(13,762)	(12,143)
Decrease/(increase) in debtors	138,894	(144,779)
Increase/(decrease) in creditors	42,038	(161,398)
Difference between pension charge and cash contributions	-	(424)
<b>Net cash provided by/(used in) operations</b>	<u>474,441</u>	<u>(56,863)</u>

#### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
<b>Net cash</b>			
Cash at bank and in hand	378,275	409,210	787,485
	<u>378,275</u>	<u>409,210</u>	<u>787,485</u>
<b>Total</b>	<u>378,275</u>	<u>409,210</u>	<u>787,485</u>

The notes form part of these financial statements

## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Allocation and apportionment of costs**

All costs are allocated between the expenditure categories of the statement of financial activity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% to 33% straight line
Fixtures and fittings	- 20% to 33% straight line

Individual fixed assets costing £100 or more are capitalised at cost.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.



# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 1. ACCOUNTING POLICIES - continued

#### Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable investments in stocks and shares. The measurement basis used for these instruments is detailed below.

#### Debtors and cash at bank

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and in hand includes cash held on deposit or in a current account.

#### Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

### 2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	46,204	63,303

### 3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Commercial training	21,078	35,558
Community project training	65,493	28,770
Not training- wellbeing	21,836	
	108,407	64,328

### 4. INVESTMENT INCOME

	2024	2023
	£	£
Dividends received	13,762	12,143
Deposit account interest	25,091	1,856
	38,853	13,999

All investment income is derived from assets held in the United Kingdom.

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024 £	2023 £
HARG	Advocacy	12,804	34,589
Service income	Wellbeing	38,771	215,021
Hampshire Minds	Wellbeing	1,036,590	751,615
Grants	Wellbeing	339,564	263,066
Service income	Community Development	256	35,514
Grants	Community Development	51,802	92,884
Grants	Families team	458,093	244,405
Service income	Children and young people	-	2,917
Grants	Children and young people	138,634	87,371
		<u>2,076,514</u>	<u>1,727,382</u>

Grants received, included in the above, are as follows:

	2024 £	2023 £
Mind	27,348	18,371
Havant Borough Council	50,000	-
Hampshire County Council	488,593	243,666
Sport England	-	38,805
North East Hampshire and Farnham CCG	-	69,000
National Lottery Community Fund	97,688	92,884
NHS South East Hampshire CCG	324,464	225,000
	<u>988,093</u>	<u>687,726</u>

### 6. RAISING FUNDS

#### Investment management costs

	2024 £	2023 £
Portfolio management	<u>9,625</u>	<u>10,365</u>

### 7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Advocacy	7,915	4,731	12,646
Wellbeing	1,144,523	37,833	1,182,356
Community Development	233,686	11,350	245,036
Families team	328,828	28,375	357,203
Children and young people	131,757	12,295	144,052
	<u>1,846,709</u>	<u>94,584</u>	<u>1,941,293</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Staff costs	1,461,135	1,218,071
Telephone	38,337	29,164
Postage and stationery	9,462	8,638
Club activities and sundry expenses	57,617	40,658
Rent	80,001	43,958
Travel and subsistence	25,170	26,564
Refreshments	2,837	629
Training	9,565	6,927
Sub-contractor charges	146,208	161,783
Electricity	1,468	353
Repairs	1,607	1,371
Depreciation	13,302	5,824
Interest payable and similar charges	-	23
	<u>1,846,709</u>	<u>1,543,963</u>

### 9. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Advocacy	1,249	3,482	4,731
Wellbeing	9,986	27,847	37,833
Community Development	2,996	8,354	11,350
Families team	7,490	20,885	28,375
Children and young people	3,245	9,050	12,295
	<u>24,966</u>	<u>69,618</u>	<u>94,584</u>

Activity	Basis of allocation
Management	Headcount
Finance	Headcount
Governance costs	Headcount

Support costs, included in the above, are as follows:

#### Management

	Advocacy	Wellbeing	Community Development
	£	£	£
Insurance	766	6,126	1,838
Subscriptions	428	3,423	1,027
IT expenses	55	437	131
	<u>1,249</u>	<u>9,986</u>	<u>2,996</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 9. SUPPORT COSTS - continued

#### Management - continued

			2024	2023
	Families team £	Children and young people £	Total activities £	Total activities £
Insurance	4,595	1,991	15,316	12,313
Subscriptions	2,567	1,112	8,557	5,447
IT expenses	328	142	1,093	1,192
	<u>7,490</u>	<u>3,245</u>	<u>24,966</u>	<u>18,952</u>

#### Governance costs

		Advocacy £	Wellbeing £	Community Development £
Auditors' remuneration		396	3,160	948
Professional and legal fees		3,086	24,687	7,406
		<u>3,482</u>	<u>27,847</u>	<u>8,354</u>

			2024	2023
	Families team £	Children and young people £	Total activities £	Total activities £
Auditors' remuneration	2,370	1,027	7,901	6,918
Professional and legal fees	18,515	8,023	61,717	30,901
	<u>20,885</u>	<u>9,050</u>	<u>69,618</u>	<u>37,819</u>

### 10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Auditors' remuneration	7,901	6,918
Depreciation - owned assets	<u>13,302</u>	<u>5,824</u>

### 11. TRUSTEES' REMUNERATION AND BENEFITS

During the year no trustee director (2023: None) received remuneration (2023: £nil) for counselling services. No other benefits were received in either year.

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 11. TRUSTEES' REMUNERATION AND BENEFITS - continued

#### Trustees' expenses

No trustee directors (2023: none) received reimbursement of expenses during the year (2023: £nil).

### 12. STAFF COSTS

	2024 £	2023 £
Wages and salaries	1,335,814	1,101,904
Social security costs	99,641	89,396
Other pension costs	25,680	26,771
	<u>1,461,135</u>	<u>1,218,071</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Charitable activities	60	50
Support costs	8	8
	<u>68</u>	<u>58</u>

No employee received emoluments in excess of £60,000 (2023: none).

The key management personnel of the Charity comprises of the Chief Executive Officer, Deputy Chief Executive Officer and Business Development Manager. In the prior year key management personal also included the Director of Advocacy and Director of Services. The total employee remuneration and benefits of the key management personnel of the charity was £163,020 (2023: £220,785).

### 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	57,707	5,596	63,303
<b>Charitable activities</b>			
Advocacy	34,589	-	34,589
Wellbeing	861,505	368,197	1,229,702
Community Development	-	128,398	128,398
Families team	-	244,405	244,405
Children and young people	18,371	71,917	90,288
Other trading activities	37,607	26,721	64,328
Investment income	13,999	-	13,999
<b>Total</b>	<u>1,023,778</u>	<u>845,234</u>	<u>1,869,012</u>
<b>EXPENDITURE ON</b>			
Raising funds	10,365	-	10,365
<b>Charitable activities</b>			
Advocacy	49,401	422	49,823
Wellbeing	574,260	250,974	825,234
Community Development	105,209	155,276	260,485
Families team	36,346	328,087	364,433



HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Children and young people	16,903	83,856	100,759
<b>Total</b>	<b>792,484</b>	<b>818,615</b>	<b>1,611,099</b>
Net gains/(losses) on investments	(59,923)	-	(59,923)
<b>NET INCOME</b>	<b>171,371</b>	<b>26,619</b>	<b>197,990</b>
<b>Other recognised gains/(losses)</b>			
Actuarial gains on defined benefit schemes	21	-	21
<b>Net movement in funds</b>	<b>171,392</b>	<b>26,619</b>	<b>198,011</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	616,496	340,345	956,841
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>787,888</b>	<b>366,964</b>	<b>1,154,852</b>

14. TANGIBLE FIXED ASSETS

	Short leasehold £	Plant and machinery £	Fixtures and fittings £	Totals £
<b>COST</b>				
At 1 April 2023	-	46,763	2,808	49,571
Additions	61,834	28,367	7,915	98,116
At 31 March 2024	61,834	75,130	10,723	147,687
<b>DEPRECIATION</b>				
At 1 April 2023	-	28,930	2,409	31,339
Charge for year	-	12,796	506	13,302
At 31 March 2024	-	41,726	2,915	44,641
<b>NET BOOK VALUE</b>				
At 31 March 2024	61,834	33,404	7,808	103,046
At 31 March 2023	-	17,833	399	18,232

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**15. FIXED ASSET INVESTMENTS**

	Listed investments £
<b>MARKET VALUE</b>	
At 1 April 2023	563,003
Additions	116,210
Disposals	(110,659)
Revaluations	30,678
	<u>599,232</u>
At 31 March 2024	
<b>NET BOOK VALUE</b>	
At 31 March 2024	<u>599,232</u>
At 31 March 2023	<u>563,003</u>

There were no investment assets outside the UK.

**16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024 £	2023 £
Trade debtors	131,855	201,521
Other debtors	25,593	94,821
	<u>157,448</u>	<u>296,342</u>

**17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024 £	2023 £
Trade creditors	64,144	34,974
Deferred income	71,062	53,938
Accrued expenses	7,050	11,306
	<u>142,256</u>	<u>100,218</u>
	2024 £	2023 £
Brought forward	53,938	199,808
Amount released to incoming resources	(53,938)	(199,808)
Amount deferred in year	71,062	53,938
	<u>71,062</u>	<u>53,938</u>
Carried forward		
	<u>71,062</u>	<u>53,938</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 18. PROVISIONS FOR LIABILITIES

	2024	2023
	£	£
Provisions	365	782

A full actuarial valuation for the scheme was carried out at 30 September 2020. This valuation showed assets of £800.3m, liabilities of £831.9m and a deficit of £31.6m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

#### Reconciliation of opening and closing provisions

	Period Ending 31 March 2024 £	Period Ending 31 March 2023 £
Provision at start of period	782	1,227
Unwinding of the discount factor (interest expense)	30	23
Deficit contribution paid	(447)	(447)
Remeasurements - impact of any change in assumptions	(0)	(21)
Remeasurements - amendments to the contribution schedule		
Provision at the end of period	365	782

#### Income and expenditure impact

	Period Ending 31 March 2024 £	Period Ending 31 March 2023 £
Interest expense	30	23
Remeasurements - impact of any change in assumptions	(0)	(21)
Remeasurements - amendments to the contribution schedule	-	-

#### Assumptions

	31 March 2024 % per annum	31 March 2023 % per annum	31 March 2022 % per annum
Rate of discount	5.31	5.52	2.35

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
Fixed assets	103,046	-	103,046	18,232
Investments	599,232	-	599,232	563,003
Current assets	421,968	522,965	944,933	674,617
Current liabilities	(142,256)	-	(142,256)	(100,218)
Provision for liabilities	(365)	-	(365)	(782)
	<u>981,625</u>	<u>522,965</u>	<u>1,504,590</u>	<u>1,154,852</u>

20. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	787,889	193,736	(50,000)	931,625
Daytime crisis fund	-	-	50,000	50,000
	<u>787,889</u>	<u>193,736</u>	<u>-</u>	<u>981,625</u>
<b>Restricted funds</b>				
Crisis Care	49,965	-	-	49,965
East Hants	51,090	(13,865)	-	37,225
Supporting Families	(6,472)	184,617	-	178,145
Sport England	(21,574)	-	-	(21,574)
CYP Safe Haven	19,429	(5,434)	-	13,995
Connect 5	47,069	5,683	-	52,752
Adult Safe Haven	138,954	34,890	-	173,844
Covid vaccine project	13,310	-	-	13,310
STF- Lottery funded	(121)	-	-	(121)
Winter grant	10,745	-	-	10,745
CYP Motiv8	1,051	-	-	1,051
CYP EH PCN	6,930	(5,392)	-	1,538
Lighthouse Project	2,193	(23,855)	-	(21,662)
Harbour Project	(938)	(17,214)	-	(18,152)
SMI Health Check	55,332	(3,428)	-	51,904
	<u>366,963</u>	<u>156,002</u>	<u>-</u>	<u>522,965</u>
<b>TOTAL FUNDS</b>	<u>1,154,852</u>	<u>349,738</u>	<u>-</u>	<u>1,504,590</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	1,413,762	(1,250,704)	30,678	193,736
<b>Restricted funds</b>				
East Hants	827	(14,692)	-	(13,865)
Supporting Families	456,112	(271,495)	-	184,617
CYP Safe Haven	75,400	(80,834)	-	(5,434)
Connect 5	16,517	(10,834)	-	5,683
Adult Safe Haven	255,464	(220,574)	-	34,890
CYP EH PCN	-	(5,392)	-	(5,392)
Lighthouse Project	51,897	(75,752)	-	(23,855)
Harbour Project	(1)	(17,213)	-	(17,214)
SMI Health Check	-	(3,428)	-	(3,428)
	856,216	(700,214)	-	156,002
<b>TOTAL FUNDS</b>	<b>2,269,978</b>	<b>(1,950,918)</b>	<b>30,678</b>	<b>349,738</b>

### Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	616,496	171,393	787,889
<b>Restricted funds</b>			
Crisis Care	49,965	-	49,965
East Hants	39,004	12,086	51,090
Supporting Families	54,395	(60,867)	(6,472)
Sport England	2,203	(23,777)	(21,574)
CYP Safe Haven	34,451	(15,022)	19,429
Connect 5	39,208	7,861	47,069
Adult Safe Haven	104,557	34,397	138,954
Covid vaccine project	13,310	-	13,310
STF- Lottery funded	(121)	-	(121)
Winter grant	10,745	-	10,745
CYP Motiv8	1,051	-	1,051
CYP EH PCN	4,013	2,917	6,930
Lighthouse Project	(15,521)	17,714	2,193
Harbour Project	3,085	(4,023)	(938)
SMI Health Check	-	55,332	55,332
	340,345	26,618	366,963
<b>TOTAL FUNDS</b>	<b>956,841</b>	<b>198,011</b>	<b>1,154,852</b>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	1,023,778	(792,483)	(59,902)	171,393
<b>Restricted funds</b>				
East Hants	35,066	(22,980)	-	12,086
Supporting Families	205,600	(266,467)	-	(60,867)
Sport England	38,804	(62,581)	-	(23,777)
CYP Safe Haven	69,001	(84,023)	-	(15,022)
Connect 5	42,187	(34,326)	-	7,861
Adult Safe Haven	225,002	(190,605)	-	34,397
CYP EH PCN	2,917	-	-	2,917
Lighthouse Project	93,384	(75,670)	-	17,714
Harbour Project	18,849	(22,872)	-	(4,023)
SMI Health Check	114,424	(59,092)	-	55,332
	845,234	(818,616)	-	26,618
<b>TOTAL FUNDS</b>	<b>1,869,012</b>	<b>(1,611,099)</b>	<b>(59,902)</b>	<b>198,011</b>



## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

#### 20. MOVEMENT IN FUNDS - continued

**Crisis Care** - MCP project funded by SEH CCG to support mental health patients at GP surgeries.

**East Hants** - MCP project funded by East Hants District Council to support mental health patients at GP surgeries.

**Supporting Families** - Local implementation of national Troubled families project, funded by Hampshire County Council.

**Sport England** - Sport England funds the Active Families project. This project supports families with mental health needs who want to become more active to improve their mental health and overall wellbeing.

**CYP Safe Haven** - The CYP Safe Haven provides an out of hours crisis service for young people who live within Havant borough, enabling them to receive immediate support for their mental health in a relaxed, non-clinical atmosphere.

**Connect 5** - Havant and East Hants Mind deliver the Connect 5 course for individual and nonprofit organisations on behalf of Public Health. This is a free course that helps people feel more confident to talk about mental health and to offer supportive conversations.

**Adult Safe Haven** - The Adult Safe Haven is for any adult needing immediate support at a time in crisis.

**STF - Lottery Funded** - This was a grant from the National Lottery to provide Covid support to the Supporting Families project. It relates to the Bridge the Gap project.

**Winter Grant** - This was a grant from HCC to defray the cost of PPE and similar expenditure due to Covid.

**CYP Motiv8** - This was an initial payment for set up costs for a Lottery funded project working with children and young adults - it is a JV with Havant and East Hants Mind and Motiv8. This will be shown in future accounts as the Lighthouse project. The project commences September 2021.

**CYP EH PCN** - This is a 12 month contract with a group of GP surgeries in Alton to provide an on-site children's mental health support worker.

**Lighthouse project** - This is a joint venture between HEH Mind and Motiv8 funded by the national lottery to provide a drop in centre for young people experiencing mental health issues.

**Harbour project** - This is a joint venture with Solent Mind providing peer support via phone to people in Portsmouth and SE Hampshire with mental health issues.

**SMI Health Check** - This is a project funded by the NHS to support people with Severe and Enduring Mental Health issues to access physical health check ups.

Any funds in deficit have sufficient funding in the next financial year to fund this shortfall.

#### Transfers between funds

The transfers from restricted to unrestricted funds relate to funds on which restrictions have been satisfied and therefore are no longer considered to be restricted funds.

## **HAVANT AND EAST HANTS MIND**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

#### **21. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

#### **22. ULTIMATE CONTROLLING PARTY**

During the year the charitable company was under the control of its members, no one member has overall control.