

**REGISTERED COMPANY NUMBER: 05861345 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1116301**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022  
FOR  
HAVANT AND EAST HANTS MIND**

HAVANT AND EAST HANTS MIND

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FOR THE YEAR ENDED 31 MARCH 2022

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**HAVANT AND EAST HANTS MIND**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Havant and East Hants Mind works to create a better life for everyone with experience of mental illness by:

- Advancing the views, needs and ambitions of people with mental illness
  - Challenging discrimination and promoting inclusion
  - Influencing policy through campaigning and education
  - Inspiring the development of quality services which reflect expressed needs and diversity.
  - Achieving equal rights through campaigning and education
- In all its work the Charity promotes its values: Informed, determined, diversity, integrity, and partnership

To achieve these aims Havant and East Hants Mind:

- Promotes mental Wellbeing within the community
- Works in partnership with other organisations in both the statutory and voluntary sectors
- Values diversity.
- Works with mental health service users to promote recovery and to increase their influence over their own lives.
- Challenge discrimination and promotes social inclusion.
- Campaigns and raises funds.
- Involves service users in all aspects of its work.
- Focuses on quality in service provision.

Everything we do is informed and influenced by the people who use our services.

**Public benefit**

**REVIEW OF PUBLIC BENEFIT**

In line with the Charities Act 2011 and subsequent guidance from the Charity Commission, the Trustees have considered how Havant and East Hants Mind satisfies the public benefit "principles" set out in the Act. The trustees consider that it satisfies at least 7 Charitable purposes: the prevention or relief of poverty; the advancement of education; the advancement of health or the saving of lives; the advancement of citizenship or community development; the advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity; the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage; the promotion of the efficiency of the police. In addition, the trustees consider that there are clearly identifiable benefits that arise from its aims, and that no detriment or harm arises (Principle 1); and that significant sectors of the public benefit directly and indirectly from its aims, and that there are no undue restrictions on access to its services (Principle 2).

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

## HAVANT AND EAST HANTS MIND

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### ACHIEVEMENT AND PERFORMANCE

##### Chair of Trustees Report

The charity has continued to respond positively to the constraints imposed by the pandemic and its aftermath. New ways of working, developed through necessity, have become embedded in our operations, together with a return to more traditional face to face working. Like most agencies in the field of mental health we have seen a significant increase in demand across the board, but particularly from young people. Our strategy is to significantly increase our investment in services for this sector.

We continue to focus on quality and seek to continuously improve our services. It is most gratifying that this was formally recognized at the national Mind Excellence awards where we won two categories and were highly commended in a third.

How did our services perform?

##### Adult Wellbeing

The adult wellbeing service is a mental health and wellbeing recovery service for those over 18 years of age. Anyone identifying they have a mental health or wellbeing issue can refer themselves via the telephone, face to face or via our online referral form. We have relationships with GPs across our area as well as a wide range of voluntary sector partners who also refer clients to the service.

Clients referred are triaged assessed and produce a wellbeing action plan based on their strengths and personal goals. Where indicated they can access groups and workshops relevant to their recovery journey. Regular reviews and check ins take account of changes or improvements. Finally, a wellbeing maintenance plan is put in place to help clients move out of the service.

We have offered virtual, telephone and face to face interventions over the past year. In the last 12 months 700 assessments were booked, we reviewed 1300 cases. We delivered 6 weekly "check ins" for all 1300 open client cases, plus ad-hoc drop ins. We also followed up on all safeguarding issues whenever they were triggered.

200 unstructured peer support groups were held, 30 structured groups and workshops held. A further 47 one to ones were held to help those access group.

Referrals are responded to within 48 hours. Over the courses of the pandemic assessments wait time has varied from 0 days to currently 2 weeks as referral have increased. Reviews and Check ins are running to time currently as they have throughout the year. 1:1s waiting time varies somewhat depending on need such as male practitioner.

Over the period we have several staff on maternity leave whose posts have been back filled. There has been some staff turnover many of whom have gone on to NHS roles in line with the staff development pipeline planned as part for the adult wellbeing contract.

Having won a competitive tender to continue to deliver an enhanced service for Hampshire County Council and Hampshire and the Isle of Wight CCG from Sept 2022 onwards, we expect see the service develop significantly and to reach many more people in the next reporting period.

##### Children and Young People's Safe Haven

CYP Safe Haven is an out-of-hours wellbeing and mental health support service for young people aged 11-17yrs, living in the Havant and South East Hants. Commissioners' agreed to extend the 'reach' of this crisis drop in service in Dec 2021 (previously it was just Havant borough).

The aims are:

- To provide immediate support for young people in mental health crisis.
- To empower young people to independently manage their mental health and wellbeing to prevent mental health crisis.
- To provide signposting information and refer to specialist services, if needed.
- To provide early intervention/teach self-help strategies to reduce the number of young people needing to use NHS services such as CAMHS.

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**The service is funded by Hampshire and IOW CCG.**

Over 60 young people accessed the service during the year.

Feedback from service users:

"Safe Haven always think of new things that could help you. Safe Haven listen."

"Safe haven has helped change the way I think about my future"

"I used fact or opinion (strategy) today at school, it really helped!"

We aim to improve our service user engagement and move towards co-production of services. A "focus group" will run 4th July to gain more information about what our young people feel they need from any mental health support services (CYP wide).

We are working towards refurbishing the areas we use at The Pallant centre to promote a more young people friendly and therapeutic environment.

We will continue to improve communications with schools and local networks to promote the service, raise awareness and increase attendance. HEH Mind specific youth social media page has been implemented with posts to engage young people and raise awareness of the Safe Haven service and all projects for young people at HEH Mind.

Staffing/team building - we are building positive working relationships with our new team members and identifying 'specialist areas' so CYP team as whole know who best to go to for information and ideas on working with a particular presenting need. With one new team member, one newly promoted senior and a new CYP team manager we will support the staff to complete their inductions and settle into their new roles and focus on consolidating the team to provide an excellent service.

**CYP Lighthouse Project September 2021-March 2022**

CYP Lighthouse project is led by HEHM in partnership with youth work organisation, Motiv8. It is an out-of-hours youth club style drop-in service with a wellbeing and mental health focus for young people aged 10-18yrs, living in the Havant Borough. Drop-in sessions are open to different age ranges on a Tuesday/Wednesday and Thursday evening.

- To provide a safe, calm but fun environment for young people where they can just call in with no need for a referral.
- To empower young people to independently manage their life-styles and mental health and wellbeing.
- To provide signposting information and refer to specialist services, if needed.
- To provide early intervention/teach self-help strategies to reduce the number of young people who develop escalating mental health support needs.

It is funded by the National Lottery, Reaching Communities fund.

Feedback from service users:

" I have got more confident around other people"

"..everyone is non-judgmental"

" 1 to 1's with Tina were really useful. It's important that this generation know there is someone there to listen, that can make the biggest difference on their mental health"

Future developments:

Considering potential need for larger venue with some outside space

Specialistic sessions to be offered eg, boxing, yoga

See Safehaven above - greater CYP involvement in service development

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**CYP East Hants GP Project May 2021-April 2022\***

- To provide holistic assessment and 6-8 + support sessions for young people experiencing difficulty with their mental health including lower-mid level mental health crisis.
- To empower young people to independently manage their mental health and wellbeing to prevent mental health crisis.
- To work in partnership with PCN staff and other agencies and provide signposting information / refer to specialist services, if needed.
- To provide early intervention/teach self-help strategies and co-production of a wellbeing plan to reduce the number of young people needing to use NHS services such as CAMHS.

Funded by East Hants PCN who are keen to fund another year of operation.

**Family Wellbeing Team**

Our family team now provides a service for the whole of Hampshire.

Hampshire and MHCLG confirmed an additional year extension to the SFP programme, making this the 5th year of the contract. We were initially offered 107 spaces for 2021-22. In addition, we also secured a further 24 cases. Total funding awarded was £314,400.00. In addition, we have been awarded £33,600.00 from successful claims awarded through Payment by Results.

The Family Support Workers continue to offer 6-9 months intensive support to those who have been identified through the Children's Services Early Help Hub (EHH). Families will have been assessed at the Early Help Hub and have met at least 2 of the possible 6 criteria within the SF Programme. Each family is allocated a Family Support worker offering 6-9 months support. Using a multiagency approach that included all professional involved in the family; a detailed Family plan becomes a working document which identifying the specific areas of need. Regular Team Around the Family meetings monitor progress and concerns. The overall aim is for all families to have made significant and sustained progress. To empower individuals, provide them with the strategies, skills and confidence to continue to succeed throughout their lives.

By the end of March 22, all cases nominated to H&EH Mind (131) have been closed with step down cases summaries completed.

Feedback from service users has remained positive. EHH Managers and other professionals directly linked to the SFP are happy with all aspects of our involvement and delivery of service to our clients. We are commended for our attendance to Strategic/Operational meetings as well as weekly EHH meetings, and ongoing communications. Examples of professional feedback:

"MIND have always been a very productive participant in the EHH meeting offering their skills and knowledge to support the work plan. Contributing to decisions making during the meeting. MIND will often support with some of the very challenging and complex families where the young people are engaged in criminal behaviour, very vulnerable and at risk of being exploited. MIND have undertaken a significant number of complex cases and lead on these from the EHH meeting, working intensely with the children and their families to make a difference to those young people and their families."

"Yet more great outcomes for another vulnerable family and evidence of good partnership working with Children's Services over several months"

Our family team has also benefitted from funding from Sport England, this funds our Active Families project:

**Active Families**

Active Families Programme is now in the final year of four years funding from Sport England, this project works in partnership with Oarsome Chance and Activ8Minds. 22 families joined Cohorts 6 and 7. The Active Families project is a Tier 2 service for families within Leigh Park. Our experienced team of Family Support Practitioners work with families for up to six months per cohort. The aim of the project is to support families in engaging with physical activity and sports.

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As parents and caregivers play a key role in shaping a child's attitude and behavior's the programme involves working with the family unit. The Practitioners are committed to ensuring that the experience for the families is fun, enjoyable and has value to the children and their wider family. It is a way of inspiring the families, building confidence, and allowing quality family time. It is also well evidenced that a more active lifestyle supports both physical and mental health.

The support provided by the Family Support Practitioners includes regular meetings with a Family Support Practitioner in the community, introducing and supporting families to access workshops, group and 1:1 sessions, and opportunities to increase the whole family's level of physical activity. The Practitioners are also able to raise the family's awareness of local resources and activities within their local environment. The referral pathway for this programme is via the local schools and so the Practitioners work collaboratively with the local schools to promote the programme.

### **Advocacy**

We continue to provide services to local authorities who have clients resident in Hampshire care homes. We are actively pursuing funding for an opportunity to provide Community Rights Advocacy in the county.

### **Workplace Wellbeing**

We have continued to provide the service at Havant, Southdowns and Alton colleges both face to face online and via telephone during the pandemic. We have also provided training microteach sessions on a range of subjects for staff and mental health first aid training. We also held stands and information at various days working with the colleges to promote positive mental health.

In March 2022 we secured a new contract to provide one to one workplace wellbeing support for small business in Havant Borough and East Hants district. This programme has been paid for through the central government's Additional Restrictions Grant Fund which was provided to help local businesses through the coronavirus pandemic.

We have also worked with several other local and national employers, providing advice, support and training, challenging perceptions of mental health and helping to build healthy, supportive work environments. We also launched and successfully delivered our ongoing support packages for mental health champions, Mental Health First aiders and Connect 5ers. We were also able to provide ongoing support to peer supporters and staff at Wessex Cancer Trust, supporting patients through their cancer journey thanks to work funded through the Hampshire County Council for Jackie Branson.

### **Training**

In October 2021 we appointed a Training Contracts Manager which has allowed us to further develop relationships with commissioners our contract training service further. We now deliver the Connect 5 course for individual and non-profit organisations on behalf of Public Health Hampshire, and have won new contracts to deliver in Southampton, Portsmouth and the Isle of Wight. The Hampshire contract has since been extended into 2022.

This Connect 5 course is free to delegates in key sectors. The aim is help staff and volunteers feel more confident to talk about mental health and to offer supportive conversations to the people they support, their families and friends and their work colleagues.

We now have a wide range of training available and a growing diverse customer base. Our well-developed website offers a good range for individuals and organisations. We have delivered a mix of standard training programs and bespoke courses. We have designed series of bespoke courses for the whole of the huge workforce at Hampshire County Council. We also grew our training UK wide training delivery within with Checkatrade, Moneybarn, Kenwood Delonghi, SSE and many other smaller businesses across the county such as Portsmouth Water, and Hopkins Ltd.

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**Communications and Community**

During this period, we have gradually seen social restrictions related to the pandemic decrease, leading to an end of all restrictions in the UK in April 2022.

**Community**

In 2021 our community team reached 35,296 people via in person activities, and via our social media channels we reached 224,709 individuals/ accounts.

Our engagement within the Mind Federation increases with Mike remaining part of the Mind Engagement Group, as well as the Fundraising and Communications Networking Groups. Our recognition has also increased with two Mind Excellence Awards and a highly commended certificate.

Linked to our reputation, we are also seeing more interest in our Charity of the Year Partnerships, collaborations and fundraising interest.

Our AMHE Collaborative Project with the Royal College of Psychiatrists is progressing. For our project we have chosen to focus on access, provision and inclusion for the LGBTQ+ community and individuals. We are now 6 months into the 3 year project. We hope to expand our learning and developments by commissioning a researcher to support this work in the Autumn.

We hosted our second annual online Supporters Conference in January 2021 for Ambassadors, Fundraisers and Champions. The Conference was an opportunity to share best practice, successes and challenges. The discussions and learning from this event will inform our future decisions on how best to support our supporters.

**Fundraising**

Interest in fundraising has returned and should remain steady from spring 2022. We are working to capitalise on the interest in mental health following the pandemic.

In November 2021 Virgin Money Giving closed. This was a big lost for us a fundraising option as it was the only major platform to allow split fundraising. Something that has been popular in fundraising discussions; because of the option to fundraise for both a local and national Mind within the same campaign.

There has been an increase in Charity of the Year interest and donation enquires. Workplaces are often looking for ways to engage in fun activities to engage their staff and to support fundraising donations.

De'Longhi' Kenwood rolled over our charity of the Year partnership for a second year in 21-22 raising over £15,000 in total (final total and press release coming in June/ July 2022).

Our capacity to support fundraising has been increased by Lorna's appointment to the role of Sports Club Engagement and Community Fundraising Officer in November 2021.

In 2021 we raised a total of £25, 552 and have expectations to surpass this in 2022. For 2022-23 we already have partnerships agreed with: Studio H, Waterlooville Golf Club, Exclusive Networks, Checkatrade, Carrington West and Solomon Serpent Trail.

**Communications**

Seasonal communications material have been shared since late 2020, with Google Drive being introduced as the new method of sharing files from December 2021.

We are also working to increase the communications (reach and material) though increased press releases, promotional material, recorded community conversations and insights (video and audio).



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Our partnerships with Hampshire FA, Horizon Leisure, Exclusive Networks and some sports clubs have provided opportunities to add shared branded content to our channels, ensuring a wider reach and more buy in from partner environments.

Our Supporters eNewsletter is a great way to keep supporters informed on the work we do and prompt them to get involved in a campaign, fundraising or to share our information. We currently have 150 eNewsletter subscribers.

**Ambassadors**

We currently have 10 engaged and active sports clubs. After a positive start to the project the pandemic made creating new relationships with clubs very difficult. We are now seeing clubs willing to engage again and have already booked in more training sessions and are discussing the project with 6 more clubs across Hampshire.

Our current clubs include: cricket, football, gymnastics, rugby and walking football. Our clubs are engaging in a range of activities, stands, signposting and fundraising.

Clubs returning post lockdowns means we are now able to reoffer our club visits every three months, as per the pre-pandemic offer. We will continue to offer the monthly e-check-ins as these have proved valuable for Ambassadors and clubs to be able to drop in and ask a question or check something with us. Our capacity to deliver the Ambassadors training and support has greatly been increased by Lorna's appointment to the role of Sports Club Engagement and Community Fundraising Officer in November 2021.

**HAVANT AND EAST HANTS MIND**  
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**FINANCIAL REVIEW**

**Financial performance**

Another year of growth for the charity with strong performances in the Families team and our offerings to Children and Young People. Our successful safe haven projects were recognised with continued funding from statutory authorities. Our training and workplace wellbeing services to the private sector also showed promising growth. The strategy for 2022/3 is to succeed in bidding for renewal of the Wellbeing service, in partnership with our neighbouring local Minds, and to expand our range of services to children and young people.

**Reserves policy**

Like other charities, Havant & East Hants Mind is aware of the need to secure its viability beyond the immediate future. For the long term, it must be able to absorb setbacks and to take advantage of change and opportunity. Because some believe that holding significant amounts of reserves is tantamount to hoarding it is necessary to justify and explain its reserves position. Donors are entitled to be reassured that a charity with reserves has good reasons for keeping funds in reserve and to know what those reasons are.

The Charity Commission defines reserves as income which becomes available to the charity and is to be expended at the trustee's discretion in furtherance of any of the charity's objects, but which is not yet spent, committed, or designated. Its definition therefore excludes:

Permanent endowment:	A capital fund where there is no power to convert the capital into income.
Expendable endowment:	A capital fund where the trustees have the power to convert it into income and apply it as such.
Restricted funds:	Funds subject to specific trusts.
Designated funds:	Designation is an administrative act by which trustees may earmark unrestricted funds for a particular use without restricting or committing the funds legally.
Income funds:	Can be realised only by disposing of fixed assets held for charity use.

Havant and East Hants Mind maintains a financial reserve for the following reasons:

1. Havant and East Hants Mind gratefully accepts donations and applies for grants. The Charity also takes advantage of investment income.
2. In line with the Charity Commission's recommendation the trustee consider that, in the event of Havant and East Hants Mind having to be wound up, provision for the continuation of operations for six months must be kept in reserve to allow for a proper running down.
3. The trustees consider that provision for redundancy must be kept in reserve.
4. Havant and East Hants Mind rents office space that has poor facilities. The trustees wish to improve the situation and are searching for appropriate accommodation.
5. Provision for the employees of Havant and East Hants Mind is through The Pensions Trust. Pensions liability is now included in the accounts as required by FRS102. The provision included in the accounts for 2021/22 is £1,227.

Efforts to diversify our funding streams continues to be a challenge, but NHS funding has now become a major source of income reducing our reliance on the local authority. Promised increases in government funding for mental health plus NHS resource constraints have prompted a review of service provision. This presents the voluntary sector with both opportunities and challenges which we are keen to address. More work needs to be done but the trustees are confident that the charity's future is on a more secure footing.

Reserves can only be generated and maintained by strict financial controls. An overview of the financial situation is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary and always annually.

## HAVANT AND EAST HANTS MIND

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation was an unincorporated association registered as a charity on 24th September 1992 under a charitable constitution. A new Charitable Company limited by guarantee was incorporated on the 26th June 2006 and registered as a charity on 7th October 2006. The company was established under a Memorandum and Articles of Association with the same area of benefit as the unincorporated association.

The charitable company started to operate on the 1st October 2006 at which point all assets were transferred from the unincorporated association to the charitable company and the charitable association has been dissolved. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member. The guidance of the Charity Commission was followed throughout this process.

The Trustee Directors of Havant and East Hants Mind are legally responsible for the overall management, control and strategic direction of Havant and East Hants Mind. They meet monthly and there are several sub-groups that meet, in addition to this, to work on identified areas such as fundraising and strategy. The chief executive is employed to carry out operational activities and organisational management and attends each committee meeting to report on all activities.

Havant and East Hants Mind is a local charity and is affiliated to the national charity Mind (National Association for Mental Health). It consistently works in a way that promotes and upholds the values of Mind whilst maintaining its own autonomy, allowing it to respond to local needs. Havant and East Hants Mind has strong links with Mind, attends regular meetings, undertakes training, and supports campaigns at both local and national levels. The charity has been involved with National Mind's network future's group and has supported research into suicide prevention and children and young people's services. We continue to be an active participant in the national charity's engagement and research forums.

##### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purpose of Charity Law.

Under the provision of the Memorandum and Articles of Association trustee directors are elected to serve for a period of three years, after which they may stand for re-election at the next Annual General Meeting.

Prospective trustees are encouraged to attend board meetings as observers prior to standing for election.

Havant and East Hants Mind is committed to ensuring a diversity of trustee directors and include those with personal experience of mental distress either directly or indirectly.

Trustees are encouraged to become familiar with the practical work of the organisation to gain insight and be better placed to serve as trustee directors.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The executive committee is responsible for the management of risks faced by Havant and East Hants Mind.

A Risk Register is maintained and regularly reviewed by the Board. Risks are identified and assessed, and controls established to mitigate them appropriately.

Service contracts which the charity has with Hampshire County Council specify standards in all areas of work and the standards are met across all the work of the agency. They are designed to minimise risks and provide a safe and professional service to clients and a safe working environment for staff and volunteers.

Mind has its own quality standards (Mind Quality Mark (MQM)) in which Local Mind Associations (LMAs) are assessed on the quality of the services they provide and the work that they do. It describes the best practice for LMAs. It is also a tool to facilitate learning and development within the LMAs.

Havant and East Hants Mind is committed to quality and fully supports and participates in MQM. It also holds the Community Legal Service Quality Mark and the Advocacy Quality Performance Mark. Our quality standards were recognised nationally with the award of two Mind Excellence awards and a commendation in a third category.

As a condition of obtaining the Sport England grant a full review of quality control and governance arrangements was undertaken and we were able to fully satisfy Sport England's stringent requirements. As a condition of working in collaboration with the NHS on the Adults and Children's safe havens we were required to undertake a Data Protection Impact Assessment (DPIA) which was completed successfully.

We are signatories to, the Mindful Employers initiative and this year achieved Cyber Essentials certification.

External risks to funding continue to be monitored by the executive committee and by management. Its strategic plan aims to broaden its funding base, explore social enterprise, and prepare for personalisation. It will continue to seek out opportunities to work in partnership with other Local Mind Associations.

Key controls used are:

- Formal agendas for all committee activities
- Detailed and regular budget monitoring reports
- Comprehensive strategic planning, budgeting and management accounting
- Established organisational structure and lines of reporting
- Maintain reserves in line with policies and requirement
- Maintain compliance with Mind's quality standards
- Formal written policies reviewed a minimum of every three years.
- Safeguarding procedures as required by the law for the protection of the vulnerable.
- Comprehensive management information systems and key performance indicators.

**Remuneration**

Salary policy, bonuses and annual increments are approved by the remuneration sub-committee of the main trustee board. Staff salaries are set in line with NJC (National Joint Council for social work and charities) pay scales.

**Fundraising**

The charity actively supports individuals, community groups and employers to raise funds for it. This is done by its own staff members and the charity does not employ professional fundraisers or commercial participators. We are not currently registered with the Fundraising Regulator but are aware of and seek to comply with the Code of Fundraising Practice. There have been no complaints about any of our fundraising activities.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
05861345 (England and Wales)

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**Registered Charity number**  
1116301

**Registered office**  
Leigh Park Community Centre  
Dunsbury Way  
Havant  
Hampshire  
PO9 5BG

**Trustees**  
D Childs Hopkins            Resigned 27 April 2022  
J Owens  
S Southwell  
R Watts  
K Orr  
J Mclatch                    Resigned 20 July 2021  
Kerry West  
Ellen Dennison            Appointed 19 October 2021

**Chief Executive**  
J Parker

**Company Secretary**  
J Parker

**Auditors**  
P Underwood  
FCCA  
Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

**Bankers**  
Natwest Bank  
23 West Street  
Havant  
Hampshire  
PO9 1EU

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Havant and East Hants Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

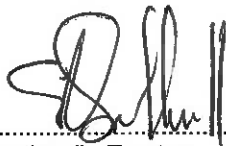
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Morris Crocker Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on .....13/09/2022..... and signed on its behalf by:



.....  
S Southwell - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Opinion**

We have audited the financial statements of Havant and East Hants Mind (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
HAVANT AND EAST HANTS MIND**

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.



## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

From discussion with management and those charged with governance information about the entity is documented to assess the activity within the organisation. We discuss management's assessment of risk in respect of irregularities, fraud and going concern.

Based on these discussions and our own assessments we determined that the key risk areas were income recognition in respect of cut off issues and management override concerning the size of the organisation.

We set financial statement materiality level based on the level of income. As a not for profit organisation raising income is its primary focus which is why income was used to determine the level of materiality. Our overall assessment of risk was used to determine performance materiality at an appropriate level.

Substantive audit tests were designed after assessing and performing walkthrough tests. The walkthrough testing confirmed documented systems which have been designed to act as a preventative measure against fraud and error which appear to be operating as documented. Substantive testing tested a sample of the population, representative of the population, to identify errors. The testing did not identify any material misstatements in areas tested.

Audit substantive tests concluded no material errors over the key risk areas of income recognition and management override.

The audit considers the organisation is not exposed to material risk of error as a result of assessing laws and regulations that are appropriate to the organisation.

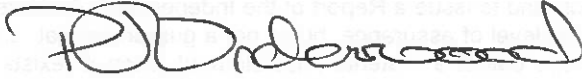
Management assessed there is no going concern risk. The audit undertook a review of budgets, management accounts and the review of board minutes and came to the same conclusion as management.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
HAVANT AND EAST HANTS MIND**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



P Underwood (Senior Statutory Auditor)  
for and on behalf of Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 22 September 2022

HAVANT AND EAST HANTS MIND

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	33,259	1,164	34,423	19,118
<b>Charitable activities</b>					
Advocacy	5	45,219	-	45,219	60,699
Wellbeing		367,691	256,229	623,920	499,130
Community Development		10,723	78,971	89,694	38,822
Families team		-	458,844	458,844	332,581
Children and young people		-	99,395	99,395	178,914
Other trading activities	3	105,641	50,425	156,066	60,946
Investment income	4	9,790	-	9,790	4,265
<b>Total</b>		<b>572,323</b>	<b>945,028</b>	<b>1,517,351</b>	<b>1,194,475</b>
<b>EXPENDITURE ON</b>					
Raising funds	6	13,017	-	13,017	5,320
<b>Charitable activities</b>					
Advocacy	7	119,858	211	120,069	64,249
Wellbeing		297,278	186,751	484,029	435,121
Community Development		83,763	132,335	216,098	132,397
Families team		8,685	377,255	385,940	387,539
Children and young people		19,532	111,160	130,692	135,449
<b>Total</b>		<b>542,133</b>	<b>807,712</b>	<b>1,349,845</b>	<b>1,160,075</b>
Net gains on investments		414	-	414	35,552
<b>NET INCOME</b>		<b>30,604</b>	<b>137,316</b>	<b>167,920</b>	<b>69,952</b>
<b>Other recognised gains/(losses)</b>					
Actuarial gains/(losses) on defined benefit schemes		2,583	-	2,583	(173)
<b>Net movement in funds</b>		<b>33,187</b>	<b>137,316</b>	<b>170,503</b>	<b>69,779</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>583,306</b>	<b>203,032</b>	<b>786,338</b>	<b>716,559</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>616,493</b>	<b>340,348</b>	<b>956,841</b>	<b>786,338</b>

The notes form part of these financial statements

HAVANT AND EAST HANTS MIND

BALANCE SHEET  
31 MARCH 2022

	Notes	2022 £	2021 £
<b>FIXED ASSETS</b>			
Tangible assets	14	9,962	7,184
Investments	15	620,367	322,666
		<u>630,329</u>	<u>329,850</u>
<b>CURRENT ASSETS</b>			
Debtors	16	151,564	82,034
Cash at bank and in hand		437,792	970,949
		<u>589,356</u>	<u>1,052,983</u>
<b>CREDITORS</b>			
Amounts falling due within one year	17	(261,617)	(591,433)
		<u>327,739</u>	<u>461,550</u>
<b>NET CURRENT ASSETS</b>			
		<u>327,739</u>	<u>461,550</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		958,068	791,400
<b>PROVISIONS FOR LIABILITIES</b>			
	18	(1,227)	(5,062)
<b>NET ASSETS</b>			
		<u>956,841</u>	<u>786,338</u>
<b>FUNDS</b>			
	20		
Unrestricted funds		616,496	583,306
Restricted funds		340,345	203,032
		<u>956,841</u>	<u>786,338</u>
<b>TOTAL FUNDS</b>			
		<u>956,841</u>	<u>786,338</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/09/2022 and were signed on its behalf by:



S Southwell - Trustee

The notes form part of these financial statements

**HAVANT AND EAST HANTS MIND**  
**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(237,039)	729,393
Net cash (used in)/provided by operating activities		<u>(237,039)</u>	<u>729,393</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(8,621)	(6,831)
Purchase of fixed asset investments		(382,606)	(40,756)
Sale of fixed asset investments		85,319	41,872
Interest received		205	61
Dividends received		9,585	4,204
Net cash used in investing activities		<u>(296,118)</u>	<u>(1,450)</u>
<b>Change in cash and cash equivalents in the reporting period</b>			
		(533,157)	727,943
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>970,949</u>	<u>243,006</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>437,792</u></u>	<u><u>970,949</u></u>

The notes form part of these financial statements

**HAVANT AND EAST HANTS MIND**  
**NOTES TO THE CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2022	2021
	£	£
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	167,920	69,952
<b>Adjustments for:</b>		
Depreciation charges	5,628	6,763
Gain on investments	(414)	(35,552)
Loss on disposal of fixed assets	215	-
Interest received	(205)	(61)
Dividends received	(9,585)	(4,204)
(Increase)/decrease in debtors	(69,530)	172,093
(Decrease)/increase in creditors	(329,816)	521,511
Difference between pension charge and cash contributions	(1,252)	(1,109)
<b>Net cash (used in)/provided by operations</b>	<u>(237,039)</u>	<u>729,393</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
<b>Net cash</b>			
Cash at bank and in hand	970,949	(533,157)	437,792
	<u>970,949</u>	<u>(533,157)</u>	<u>437,792</u>
<b>Total</b>	<u>970,949</u>	<u>(533,157)</u>	<u>437,792</u>

The notes form part of these financial statements

## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Allocation and apportionment of costs**

All costs are allocated between the expenditure categories of the statement of financial activity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - at varying rates on cost

Individual fixed assets costing £100 or more are capitalised at cost.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES - continued

**Financial instruments**

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable investments in stocks and shares. The measurement basis used for these instruments is detailed below.

**Debtors and cash at bank**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and in hand includes cash held on deposit or in a current account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	34,423	19,118
	<u>34,423</u>	<u>19,118</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Student placements	3,600	4,200
Training	152,466	56,746
	<u>156,066</u>	<u>60,946</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Dividends received	9,585	4,204
Deposit account interest	205	61
	<u>9,790</u>	<u>4,265</u>

All investment income is derived from assets held in the United Kingdom.



HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022 £	2021 £
HARG	Advocacy	45,219	60,699
Service income	Wellbeing	68,119	14,944
Hampshire Minds	Wellbeing	306,757	293,524
Grants	Wellbeing	249,044	190,662
Service income	Community Development	29,876	30,458
Grants	Community Development	59,818	8,364
Grants	Families team	458,844	332,581
Service income	Children and young people	29,167	4,000
Grants	Children and young people	70,228	174,914
		<u>1,317,072</u>	<u>1,110,146</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Mind	-	22,898
East Hants District Council	11,352	17,028
Hampshire County Council	387,199	239,700
HIWCF	-	8,000
Sport England	94,094	58,291
North East Hampshire and Farnham CCG	69,000	69,000
National Lottery Community Fund	50,061	19,317
NHS North Hampshire CCG	1,228	95,789
NHS South East Hampshire CCG	225,000	176,498
	<u>837,934</u>	<u>706,521</u>

6. RAISING FUNDS

Investment management costs

	2022 £	2021 £
Portfolio management	<u>13,017</u>	<u>5,320</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Advocacy	118,408	1,661	120,069
Wellbeing	470,766	13,263	484,029
Community Development	212,120	3,978	216,098
Families team	375,993	9,947	385,940
Children and young people	126,382	4,310	130,692
	<u>1,303,669</u>	<u>33,159</u>	<u>1,336,828</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	1,008,515	897,768
Telephone	29,855	25,959
Postage and stationery	7,737	7,939
Club activities and sundry expenses	16,591	21,902
Rent	57,499	40,857
Travel and subsistence	11,156	3,948
Refreshments	292	11
Training	19,934	10,398
Subscriptions	-	428
Sub-contractor charges	143,967	108,764
Electricity	1,802	2,376
Repairs	450	1,458
Depreciation	5,627	6,763
Loss on sale of assets	215	-
Interest payable and similar charges	29	135
	<u>1,303,669</u>	<u>1,128,706</u>

9. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Advocacy	799	862	1,661
Wellbeing	6,376	6,887	13,263
Community Development	1,912	2,066	3,978
Families team	4,782	5,165	9,947
Children and young people	2,071	2,239	4,310
	<u>15,940</u>	<u>17,219</u>	<u>33,159</u>

Activity	Basis of allocation
Management	Headcount
Finance	Headcount
Governance costs	Headcount

Support costs, included in the above, are as follows:

**Management**

	Advocacy	Wellbeing	Community Development
	£	£	£
Insurance	502	4,005	1,201
Rent	-	-	-
Subscriptions	94	754	226
IT expenses	165	1,311	393
Donations	38	306	92
	<u>799</u>	<u>6,376</u>	<u>1,912</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

9. SUPPORT COSTS - continued

Management - continued

		Children and young people	2022	2021
	Families team	people	Total activities	Total activities
	£	£	£	£
Insurance	3,003	1,301	10,012	6,407
Rent	-	-	-	2,082
Subscriptions	565	245	1,884	2,902
IT expenses	984	426	3,279	994
Donations	230	99	765	-
	<u>4,782</u>	<u>2,071</u>	<u>15,940</u>	<u>12,385</u>

Governance costs

	Advocacy	Wellbeing	Community Development
	£	£	£
Auditors' remuneration	306	2,448	734
Professional and legal fees	556	4,439	1,332
	<u>862</u>	<u>6,887</u>	<u>2,066</u>

	Families team	Children and young people	2022	2021
	£	£	Total activities £	Total activities £
Auditors' remuneration	1,836	796	6,120	6,120
Professional and legal fees	3,329	1,443	11,099	7,544
	<u>5,165</u>	<u>2,239</u>	<u>17,219</u>	<u>13,664</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Auditors' remuneration	6,120	6,120
Depreciation - owned assets	5,628	6,763
Deficit on disposal of fixed assets	215	-
	<u>11,963</u>	<u>12,883</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

11. TRUSTEES' REMUNERATION AND BENEFITS

During the year no trustee director (2021: None) received remuneration (2021: £nil) for counselling services. No other benefits were received in either year.

Trustees' expenses

No trustee directors (2021: none) received reimbursement of expenses during the year (2021: £nil).

12. STAFF COSTS

	2022 £	2021 £
Wages and salaries	922,943	819,391
Social security costs	66,834	60,393
Other pension costs	18,738	17,984
	<u>1,008,515</u>	<u>897,768</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Charitable activities	47	41
Support costs	2	2
	<u>49</u>	<u>43</u>

No employee received emoluments in excess of £60,000 (2021: none).

The key management personnel of the Charity comprises of the Chief Executive Officer, Director of Advocacy, Business Development Manager and Director of Services. The total employee remuneration and benefits of the key management personnel of the charity was £212,880 (2021: £175,341). Remuneration is higher in 2022 due to maternity cover.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	18,618	500	19,118
<b>Charitable activities</b>			
Advocacy	60,699	-	60,699
Wellbeing	304,024	195,106	499,130
Community Development	30,458	8,364	38,822
Families team	-	332,581	332,581
Children and young people	10,125	168,789	178,914
Other trading activities	12,706	48,240	60,946
Investment income	4,265	-	4,265
<b>Total</b>	<u>440,895</u>	<u>753,580</u>	<u>1,194,475</u>
<b>EXPENDITURE ON</b>			
Raising funds	5,320	-	5,320
<b>Charitable activities</b>			
Advocacy	64,035	214	64,249

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Wellbeing	257,391	177,730	435,121
Community Development	112,240	20,157	132,397
Families team	28,905	358,634	387,539
Children and young people	20,828	114,621	135,449
<b>Total</b>	<b>488,719</b>	<b>671,356</b>	<b>1,160,075</b>
Net gains on investments	35,552	-	35,552
<b>NET INCOME/(EXPENDITURE)</b>	<b>(12,272)</b>	<b>82,224</b>	<b>69,952</b>
Transfers between funds	3,616	(3,616)	-
<b>Other recognised gains/(losses)</b>			
Actuarial gains/(losses) on defined benefit schemes	(173)	-	(173)
<b>Net movement in funds</b>	<b>(8,829)</b>	<b>78,608</b>	<b>69,779</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	592,130	124,429	716,559
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>583,301</b>	<b>203,037</b>	<b>786,338</b>

14. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2021	24,838	3,256	28,094
Additions	8,311	310	8,621
Disposals	(480)	(758)	(1,238)
At 31 March 2022	32,669	2,808	35,477
<b>DEPRECIATION</b>			
At 1 April 2021	18,794	2,116	20,910
Charge for year	5,143	485	5,628
Eliminated on disposal	(480)	(543)	(1,023)
At 31 March 2022	23,457	2,058	25,515
<b>NET BOOK VALUE</b>			
At 31 March 2022	9,212	750	9,962
At 31 March 2021	6,044	1,140	7,184

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

15. FIXED ASSET INVESTMENTS

	Listed investments £
<b>MARKET VALUE</b>	
At 1 April 2021	322,666
Additions	382,606
Disposals	(85,319)
Revaluations	414
	<u>620,367</u>
At 31 March 2022	<u>620,367</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>620,367</u>
At 31 March 2021	<u>322,666</u>

There were no investment assets outside the UK.

Cost or valuation at 31 March 2022 is represented by:

	Listed investments £
Valuation in 2018	1,615
Valuation in 2020	(14,522)
Valuation in 2021	35,552
Valuation in 2022	414
Cost	597,308
	<u>620,367</u>

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	150,832	66,107
Other debtors	732	15,927
	<u>151,564</u>	<u>82,034</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	27,213	5,292
Deferred income	199,808	576,523
Accrued expenses	34,596	9,618
	<u>261,617</u>	<u>591,433</u>

	2022	2021
	£	£
Brought forward	576,523	23,125
Amount released to incoming resources	(576,523)	(23,125)
Amount deferred in year	199,808	576,523
Carried forward	<u>199,808</u>	<u>576,523</u>

18. PROVISIONS FOR LIABILITIES

	2022	2021
	£	£
Provisions	<u>1,227</u>	<u>5,062</u>

A full actuarial valuation for the scheme was carried out at 30 September 2020. This valuation showed assets of £800.3m, liabilities of £831.9m and a deficit of £31.6m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

Reconciliation of opening and closing provisions

	Period Ending 31 March 2022	Period Ending 31 March 2021
	£	£
Provision at start of period	5,062	5,998
Unwinding of the discount factor (interest expense)	29	135
Deficit contribution paid	(1,281)	(1,244)
Remeasurements - impact of any change in assumptions	(28)	173
Remeasurements - amendments to the contribution schedule	(2,555)	-
Provision at the end of period	1,227	5,062

Income and expenditure impact

	Period Ending 31 March 2022	Period Ending 31 March 2021
	£	£
Interest expense	29	135
Remeasurements - impact of any change in assumptions	(28)	173
Remeasurements - amendments to the contribution schedule	(2,555)	-

Assumptions

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

18. PROVISIONS FOR LIABILITIES - continued

	31 March 2022% per annum	31 March 2021% per annum	31 March 2020% per annum
Rate of discount	2.35	0.66	2.53

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	9,962	-	9,962	7,184
Investments	620,367	-	620,367	322,666
Current assets	249,011	340,345	589,356	1,052,983
Current liabilities	(261,617)	-	(261,617)	(591,433)
Provision for liabilities	(1,227)	-	(1,227)	(5,062)
	<u>616,496</u>	<u>340,345</u>	<u>956,841</u>	<u>786,338</u>

20. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	583,306	33,190	616,496
<b>Restricted funds</b>			
Crisis Care	52,959	(2,994)	49,965
East Hants	19,861	19,143	39,004
Supporting Families	(14,090)	68,485	54,395
Sport England	57	2,146	2,203
CYP Safe Haven	45,409	(10,958)	34,451
Connect 5	29,043	10,165	39,208
Adult Safe Haven	62,947	41,610	104,557
Covid vaccine project	3,310	10,000	13,310
STF- Lottery funded	256	(377)	(121)
Winter grant	495	10,250	10,745
CYP Motiv8	2,785	(1,734)	1,051
CYP EH PCN	-	4,013	4,013
Lighthouse Project	-	(15,521)	(15,521)
Harbour Project	-	3,085	3,085
	<u>203,032</u>	<u>137,313</u>	<u>340,345</u>
<b>TOTAL FUNDS</b>	<u>786,338</u>	<u>170,503</u>	<u>956,841</u>



HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	572,323	(542,130)	2,997	33,190
<b>Restricted funds</b>				
Crisis Care	1,228	(4,222)	-	(2,994)
East Hants	28,881	(9,738)	-	19,143
Supporting Families	350,682	(282,197)	-	68,485
Sport England	94,097	(91,951)	-	2,146
CYP Safe Haven	69,000	(79,958)	-	(10,958)
Connect 5	59,308	(49,143)	-	10,165
Adult Safe Haven	224,999	(183,389)	-	41,610
Covid vaccine project	10,000	-	-	10,000
STF- Lottery funded	-	(377)	-	(377)
Winter grant	14,350	(4,100)	-	10,250
CYP Motiv8	-	(1,734)	-	(1,734)
CYP EH PCN	29,167	(25,154)	-	4,013
Lighthouse Project	50,062	(65,583)	-	(15,521)
Harbour Project	11,657	(8,572)	-	3,085
SMI Health Check	1,597	(1,597)	-	-
	<u>945,028</u>	<u>(807,715)</u>	-	<u>137,313</u>
<b>TOTAL FUNDS</b>	<u>1,517,351</u>	<u>(1,349,845)</u>	<u>2,997</u>	<u>170,503</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	592,130	(12,440)	3,616	583,306
<b>Restricted funds</b>				
In Sync Project	7,820	-	(7,820)	-
Low Int Support Families	10,244	-	(10,244)	-
Crisis Care	-	52,959	-	52,959
East Hants	(782)	20,643	-	19,861
0-19 Project	-	(3,766)	3,766	-
Supporting Families	(2,631)	(21,703)	10,244	(14,090)
HIWCF	(48)	(390)	438	-
Sport England	14,979	(14,922)	-	57
CYP Safe Haven	34,275	11,134	-	45,409
Connect 5	(1,457)	30,500	-	29,043
Adult Safe Haven	62,029	918	-	62,947
Covid vaccine project	-	3,310	-	3,310
STF- Lottery funded	-	256	-	256
Winter grant	-	495	-	495
CYP Motiv8	-	2,785	-	2,785
	<u>124,429</u>	<u>82,219</u>	<u>(3,616)</u>	<u>203,032</u>
<b>TOTAL FUNDS</b>	<u>716,559</u>	<u>69,779</u>	<u>-</u>	<u>786,338</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	440,895	(488,714)	35,379	(12,440)
<b>Restricted funds</b>				
Crisis Care	95,790	(42,831)	-	52,959
East Hants	24,029	(3,386)	-	20,643
0-19 Project	-	(3,766)	-	(3,766)
Supporting Families	237,274	(258,977)	-	(21,703)
HIWCF	8,000	(8,390)	-	(390)
Sport England	58,291	(73,213)	-	(14,922)
CYP Safe Haven	68,999	(57,865)	-	11,134
Connect 5	48,239	(17,739)	-	30,500
Adult Safe Haven	176,497	(175,579)	-	918
Covid vaccine project	3,444	(134)	-	3,310
STF- Lottery funded	19,317	(19,061)	-	256
Winter grant	9,700	(9,205)	-	495
CYP Motiv8	4,000	(1,215)	-	2,785
	<u>753,580</u>	<u>(671,361)</u>	<u>-</u>	<u>82,219</u>
<b>TOTAL FUNDS</b>	<u>1,194,475</u>	<u>(1,160,075)</u>	<u>35,379</u>	<u>69,779</u>

## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 20. MOVEMENT IN FUNDS - continued

**In Sync Project** - Grant from National Mind to develop a whole school approach to mental health in one primary and one secondary school in the Leigh Park area.

**Low Int Support Families** - Grants from local councillors plus Zurich Insurance for families support.

**Crisis Care** - MCP project funded by SEH CCG to support mental health patients at GP surgeries.

**East Hants** - MCP project funded by East Hants District Council to support mental health patients at GP surgeries.

**0-19 Project** - Young persons' project funded by Havant Borough Council.

**Supporting Families** - Local implementation of national Troubled families project, funded by Hampshire County Council.

**HIWCF** - This was an £8k Covid relief grant for families requiring support during lockdown. Havant and East Hants Mind purchased items up to £250 per family.

**Sport England** - Sport England funds the Active Families project. This project supports families with mental health needs who want to become more active to improve their mental health and overall wellbeing.

**CYP Safe Haven** - The CYP Safe Haven provides an out of hours crisis service for young people who live within Havant borough, enabling them to receive immediate support for their mental health in a relaxed, non-clinical atmosphere.

**Connect 5** - Havant and East Hants Mind deliver the Connect 5 course for individual and nonprofit organisations on behalf of Public Health. This is a free course that helps people feel more confident to talk about mental health and to offer supportive conversations.

**Adult Safe Haven** - The Adult Safe Haven is for any adult needing immediate support at a time in crisis.

**STF - Lottery Funded** - This was a grant from the National Lottery to provide Covid support to the Supporting Families project. It relates to the Bridge the Gap project.

**Winter Grant** - This was a grant from HCC to defray the cost of PPE and similar expenditure due to Covid.

**CYP Motiv8** - This was an initial payment for set up costs for a Lottery funded project working with children and young adults - it is a JV with Havant and East Hants Mind and Motiv8. This will be shown in future accounts as the Lighthouse project. The project commences September 2021.

**CYP EH PCN** - This is a 12 month contract with a group of GP surgeries in Alton to provide an on-site children's mental health support worker.

**Lighthouse project** - This is a joint venture between HEH Mind and Motiv8 funded by the national lottery to provide a drop in centre for young people experiencing mental health issues.

**Harbour project** - This is a joint venture with Solent Mind providing peer support via phone to people in Portsmouth and SE Hampshire with mental health issues.

**SMI Health Check** - This is a project funded by the NHS to support people with Severe and Enduring Mental Health issues to access physical health check ups.

Any funds in deficit have sufficient funding in the next financial year to fund this shortfall.

**HAVANT AND EAST HANTS MIND**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**21. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

**22. ULTIMATE CONTROLLING PARTY**

During the year the charitable company was under the control of its members, no one member has overall control.