Adult Serious Mental Illness Health Check Lead

**Hours:** 37 hours per week

**Employer:** Havant and East Hants Mind based in Havant

**Salary:** £23,500

**Reports to:** Adult Contract Lead and or Team Manager

**Contract:** 1-year fixed term

**Job Location:** Alton

**Job summary:**

This exciting new role is a collaborative yet independent position representing Havant and East Hants Mind, working within a Primary Care Network (PCN). It is funded by the Hampshire, Southampton and Isle of Wight Clinical Commissioning Group.

The Health Check Lead will work with the GP practice to develop a communication strategy to increase engagement by patients on the Serious Mental Illness (SMI) register.

The Health Check Lead will work with community Mental Health (MH) services to support the communications strategy and to increase engagement by patients on the SMI register.

The Health Check Lead will work with community MH services to optimise opportunities to increase the uptake of SMI health checks.

In addition to completing SMI health checks, the role will include the provision of low-level mental health support, advice and signposting to Havant and East Hants Mind Adult Services or to external agencies, therefore offering improved mental health and encouraging them to continue health check attendance annually by providing holistic wraparound support.

For this particular post we require a SMI Health Check Lead to be skilled or have relevant experience across clinical aspects and able to work effectively within the PCN as well as having appropriate experience within mental health field. Additional and relevant training will be provided through the GP practice.
Duties and responsibilities:

In Practice Function

- HEH Mind Health Check Lead will initially visit all the GP practices within the PCN to complete a scoping exercise to gather performance related information. This will in turn aide to provide support in the most relevant areas of Alton.
- HEH Mind Health Check Lead contacts patient from the SMI register to explain about the physical health check and to book an appointment at the GP practice.
- HEH Mind Health Check Lead to facilitate open conversations around health checks and importance, as well as a patient focused input depending on patient’s worries, fears or thoughts.
- HEH Mind Health Check Lead will be trained in health checks such as blood pressure, height, weight and pulse.
- HEH Mind Health Check Lead will be trained by the practice in the relevant GP system to enable them to upload the health check.

Outreach Function

- HEH Mind Health Check Lead will work with the GP practice to identify patients who did not attend their health check in the last 12 months.
- HEH Mind Health Check Lead to contact patients to explain about the physical health check and to book an appointment at a community based location or patient’s home.
- HEH Mind Health Check Lead to facilitate open conversations around health checks and importance, as well as patient focused input depending on patient’s worries, fears or thoughts.
- HEH Mind Health Check Lead will be trained in health checks such as blood pressure, height, weight, pulse and blood utilising the Whzan Blue Box.
- The HEH Mind Health Check Lead will agree with the GP practice the process for updating the GP system following the completion of the health check in the community; the HEH Mind Health Check Lead may be required to upload the data directly to the GP system or to provide the Whzan dashboard report.
Skills and personal characteristics:

Essential

- Must have at least 2 years’ experience of working with vulnerable adults
- Must have at least 1 year’s experience of working with mental health and hold an understanding of mental health illness, mental health crisis and recovery
- Must be able to work independently as well as within a team
- Understanding and appreciation of personal and professional boundaries
- Basic computer skills are essential
- Must have good communication skills that are adaptable for our varied service user groups
- Must have excellent listening skills
- Good time management and organisational skills are important
- Good level of numeracy and literacy is required for the post.
- Applicants must be able to take clear notes, have a methodical and ordered working style and be able to maintain up to date and accurate records
- Ability to embrace change and adapt to changes in service provision, new projects and duties
- Empathy and compassion
- Personal transport for business purposes is essential.

Desirable

- Have a minimum degree level qualification (or be working towards this level) in a relevant field (e.g., health and social care/psychology)
- Some understanding of reflective practice would be beneficial
- Experience of working within a health or clinical environment would be beneficial
- The use of customer/ user / service user data bases and Excel is desirable
- Some knowledge of gathering customer feedback and evaluation
- Knowledge of the local area and services or organisations that can provide additional support to our service users

This post is subject to satisfactory DBS clearance.