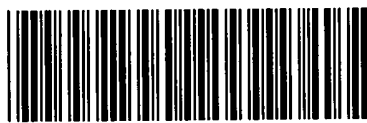


REGISTERED COMPANY NUMBER: 05861345 (England and Wales)
REGISTERED CHARITY NUMBER: 1116301

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30 SEPTEMBER 2017
FOR
HAVANT AND EAST HANTS MIND

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HAVANT AND EAST HANTS MIND

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2017**

	Page
Report of the Trustees	1 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11 to 12
Cash Flow Statement	13
Notes to the Cash Flow Statement	14
Notes to the Financial Statements	15 to 26

HAVANT AND EAST HANTS MIND
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2017

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

In line with Mind (National Association for Mental Health) Havant and East Hants Mind works to create a better life for everyone with experience of mental distress by:

- Advancing the views, needs and ambitions of people with mental distress
- Challenging discrimination and promoting inclusion
- Influencing policy through campaigning and education
- Inspiring the development of quality services which reflect expressed needs and diversity
- Achieving equal rights through campaigning and education
- In all its work the Charity promotes its values: Informed, determined, diversity, integrity and partnership

To achieve these aims Havant and East Hants Mind:

- Promote mental Wellbeing within the community
- Works in partnership with other organisations
- Values diversity
- Works with mental health service users to promote recovery and to increase their influence over their own lives
- Challenge discrimination and promotes social inclusion
- Campaigns and raises funds
- Involves service users in all aspects of our work
- Focuses on quality in service provision

HAVANT AND EAST HANTS MIND
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2017

OBJECTIVES AND ACTIVITIES

Significant activities

Havant and East Hants Mind provides the following core services to promote recovery and wellbeing:

Wellbeing Services

This service aims to promote and support mental wellbeing, promote recovery and is open to anyone over 18 who lives in the Havant or East Hants locality. It includes a range of services and activities to promote mental wellbeing, recovery and resilience. These services include:

Advice and information - advice and information on rights, services and support available for people with mental health problems. This includes debt and welfare benefit advice, information on entitlement to benefits. Information on rights to services and housing and any other issues that affects mental health.

Symptom management - self-help and structured groups to support recovery and maintain wellbeing.

Peer support and Activity groups- Peer support cafés are drop in resources to enable people to make contact and find out about our services from people who have used the services. Activity groups encourage self-confidence, independence and social inclusion and promote general wellbeing. They help to promote friendships and widen social circles.

One to One work-helping people to meet their recovery goals including Wellness Recovery Action Plans (WRAP).

Recovery Courses - courses that teach skills and tools for self-management - encouraging and supporting recovery.

Service user empowerment- supporting service users to play an active role in service planning, delivery and evaluation. Service users are included and actively encouraged to play a role at every level of the organisation.

Peer support - supporting service users to support their peers in their recovery.

Workplace Wellbeing- training and public awareness for the general public as well as specifically designed training for other agencies and organisations. An example of this is the Blue Light training for managers in the emergency services.

Advocacy

We currently provide a range of Advocacy services which are;

Community Mental Health Advocacy

Independent Mental Health Advocacy (IMHA)

Independent Mental Capacity Act Advocacy (IMCA) (IMCA DoLS)

IMCA DoLS Paid Representative

Care Act Advocacy

Supporting Families Team

The charity was successful in winning a contract from Hampshire County Council to provide support to families in Havant. Additional grant income was obtained from the council children's services team to provide support to 0 to 19 year olds.

HAVANT AND EAST HANTS MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2017

OBJECTIVES AND ACTIVITIES

Public benefit

REVIEW OF PUBLIC BENEFIT

In line with the Charities Act 2011 and subsequent guidance from the Charity Commission, the Trustees have considered how Havant and East Hants Mind satisfies the public benefit "principles" set out in the Act. The trustees consider that it satisfies at least 7 Charitable purposes: the prevention or relief of poverty; the advancement of education; the advancement of health or the saving of lives; the advancement of citizenship or community development; the advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity; the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage; the promotion of the efficiency of the police. In addition, the trustees consider that there are clearly identifiable benefits that arise from its aims, and that no detriment or harm arises (Principle 1); and that significant sectors of the public benefit directly and indirectly from its aims, and that there are no undue restrictions on access to its services (Principle 2).

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

ACHIEVEMENT AND PERFORMANCE

Chair of Trustees Introduction

2016 / 17 was a year of significant achievement, as indicated by the year on year increase in our turnover. We successfully bid for renewal of the Wellbeing contract from Hampshire county council as part of the Hampshire Minds consortium. The charity was also able to develop new services offerings (in accordance with the strategic plan) in the areas of family support and children's services. This was made possible by the successful application for grants from local authorities.

Wellbeing

We have firmly embraced the recovery model and ensure that all our services keep recovery at the centre of their plans, encouraging and inspiring all our service users believe in their ability to achieve a better quality of life. By developing a whole person assessment, we look at all areas of someone's life, identifying strengths as well as areas of need.

As part of this we promote the five ways of Wellbeing which are:

- **Connect - join a group- start a conversation** - don't be alone. We provide opportunities to connect better with the people around you, such as family, friends, neighbours and co-workers, with peers, Mind Staff, other attending our services and the wider community.

- **Be active - visit the leisure centre - go for a walk - ride a bike - keep moving**. We provide opportunities to discover a physical activity. Some are delivered by peers from Mind groups, some by other members of the community who we work with. Examples are - walking, badminton, swimming, table tennis, weight watchers / slimming world, running or cycle rides.

- **Take note - notice what's going on around you - try Mindfulness - reflect** . We hold Mindfulness groups every week which can help you to relax and concentrate on the here and now. Raising awareness of the moment or reflecting upon an object is a useful tool for managing stress and anxiety.

- **Keep learning - sign up for a course - join the library - read - question** . Keeping an active mind is another essential - we provide courses in symptom management, learning to cope puts you in control. We can also help you to identify a course that could improve your employment prospects or that would give you personal satisfaction.

- **Give - help a neighbour or friend - volunteer** . Giving something back increases our self-esteem and our mental wellbeing. Providing peer support for someone new to our service is an essential part of recovery. Consider volunteering- we can help you identify what would be right for you.

Advocacy

The charity is a member of the Hampshire Advocacy consortium which provides advocacy services in Hampshire under a contract for Hampshire County Council.

We also provide a service for a number of other local authorities who have clients placed within our locality. We have built upon our highly competent team by a commitment to training and undertaking the qualifications in the various specialities. Our staff team deliver the statutory advocacy across East Hants, Havant, Fareham and Gosport. The team also have responsibility for training and supporting the volunteers who undertake most of the community advocacy.

HAVANT AND EAST HANTS MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2017

ACHIEVEMENT AND PERFORMANCE

Supporting Families

This is a local government initiative which is a development of the Government's Troubled Families national programme. The 'Troubled Families Programme' is a targeted government intervention for families with multiple problems including crime, anti-social behaviour, truancy, unemployment, mental health problems, and domestic abuse. In January 2017 the charity was successful in obtaining a contract to support a tranche of families in Havant. This work will continue until 2019. To support this project a new team was established, reporting to Maria Morrell, Director of Services. The intention is to obtain additional funding to continue this work after the local authority funding ceases.

Moving Forward

The 2016 strategic plan identified a number of key areas for development of services. This plan was updated in 2017 and some adjustments were made to reflect changes in priorities. However, the main areas remain the same:

- Children and Young people. Building on our relationships with schools and other local charities to extend our support for children and young adults.
- Families. The development of our supporting families programme through additional grant funded projects.
- Workplace Wellbeing. Develop service offerings around wellbeing and mental health in the workplace that could be marketed to businesses and other employers.

- Crisis Care. We have been working with local GP surgeries to develop a service for patients in social or economic crisis. These patients typically present to GPs or A&E departments with mental health symptoms but need support to deal with social crises e.g. eviction, substance misuse, before they can engage with mainstream mental health services.
- Enhance support for East Hampshire. We are working with East Hampshire District Council and other voluntary agencies to extend and enhance the range of services available. This will involve making services more accessible to those in rural areas, through co-location with community groups and use of technology such as Skype.
- Asset based approach. We are very conscious that we need to harness the resources of the community to increase awareness of mental health and help service users into recovery. We are planning to invest resources into developing closer and more formal links with community and faith-based groups. We plan a Community Link project to demonstrate the benefits of this approach, building on our work with hairdressers and beauticians.

The trustee / directors would like to acknowledge the hard work of all those involved in the project these include;

- The paid staff and the many volunteers, without whom the Charity could not function, and who support the provision of many of our services as well as the day to day running of the service.
- The social work students who play a major role in service provision.
- The trustees, who have given their time and expertise to provide governance.
- Our colleagues from many other agencies that provide help and co-operation throughout the year.
- In particular, the Charity would like to thank service users who have directed its work, informed and challenged the Charity to think wider and broader than before.

The Charity remains committed to work for better mental health within its community and to support those who need its help.

HAVANT AND EAST HANTS MIND
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2017

FINANCIAL REVIEW

Financial performance

Wellbeing and Advocacy services have continued to provide strong income streams during 2016/17. Income from Paid Representative work from out of county local authorities has again been significant. The Business Development activity has attracted substantial income from grants, thus diversifying our income sources. A rigorous control of resources and expenses without impacting the quality of services has ensured a successful year.

Reserves policy

Like other charities, Havant & East Hants Mind is aware of the need to secure its viability beyond the immediate future. For the long term, it must be able to absorb setbacks and to take advantage of change and opportunity. Because some believe that holding significant amounts of reserves is tantamount to hoarding it is necessary to justify and explain its reserves position. Donors are entitled to be reassured that a charity with reserves has good reasons for keeping funds in reserve and to know what those reasons are.

The Charity Commission defines reserves as income which becomes available to the charity and is to be expended at the trustee's discretion in furtherance of any of the charity's objects but which is not yet spent, committed or designated. Its definition therefore excludes:

Permanent endowment:	A capital fund where there is no power to convert the capital into income.
Expendable endowment:	A capital fund where the trustees have the power to convert it into income and apply it as such.
Restricted funds:	Funds subject to specific trusts.
Designated funds:	Designation is an administrative act by which trustees may earmark unrestricted funds for a particular use without restricting or committing the funds legally.
Income funds:	Can be realised only by disposing of fixed assets held for charity use.

Havant and East Hants Mind maintains a financial reserve for the following reasons:

1. Havant and East Hants Mind gratefully accepts donations and applies for grants. The Charity also takes advantage of investment income.
2. In line with the Charity Commission's recommendation the trustee consider that, in the event of Havant and East Hants Mind having to be wound up, provision for the continuation of operations for six months must be kept in reserve to allow for a proper running down.
3. The trustees consider that provision for redundancy must be kept in reserve.
4. Havant and East Hants Mind rents office space that has poor facilities. The trustees wish to improve the situation and are searching for appropriate accommodation.
5. Provision for the employees of Havant and East Hants Mind is through The Pensions Trust. Pensions liability is now included in the accounts as required by FRS102. The provision included in the accounts for 2016/17 is £8,280.

Although the charity was successful in securing a new contract for Wellbeing services in 2017, the reliance on funding from local authorities remains a concern. Efforts to diversify our income sources have made progress but more needs to be done to mitigate this risk, requiring further investment in research and development.

Reserves can only be generated and maintained by strict financial controls. An overview of the financial situation is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary and always annually.

HAVANT AND EAST HANTS MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2017

FINANCIAL REVIEW

Reserves	30/09/2016	2016/17	30/09/2017
Unrestricted	494,766	(26,585)	468,181
Restricted			
In Sync Project	2,731	2,093	4,824
Low Int Support Families	-	6,141	6,141
Crisis Care	-	(3,229)	(3,229)
East Hants	-	9,692	9,692
0-19 Project	-	7,406	7,406
Supporting Families	-	(722)	(722)
Sub Total	2,731	21,381	24,112
Total	497,497	(5,204)	492,293

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation was an unincorporated association registered as a charity on 24th September 1992 under a charitable constitution. A new Charitable Company limited by guarantee was incorporated on the 26th June 2006 and registered as a charity on 7th October 2006. The company was established under a Memorandum and Articles of Association with the same area of benefit as the unincorporated association.

The charitable company started to operate on the 1st October 2006 at which point all assets were transferred from the unincorporated association to the charitable company and the charitable association has been dissolved. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member. The guidance of the Charity Commission was followed throughout this process.

The Trustee Directors of Havant and East Hants Mind are legally responsible for the overall management, control and strategic direction of Havant and East Hants Mind. They meet monthly and there are several sub-groups that meet, in addition to this, to work on identified areas such as fundraising and personnel. The chief executive is employed to carry out operational activities and organisational management and attends each committee meeting to report on all activities.

Havant and East Hants Mind is a local charity and is affiliated to the national charity Mind (National Association for Mental Health). It consistently works in a way that promotes and upholds the values of Mind (National Association for Mental Health) whilst maintaining its own autonomy, allowing it to respond to local needs. Havant and East Hants Mind has strong links with Mind (National Association for Mental Health), attends regular meetings and undertakes training and supporting campaigns at both local and national levels.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of Charity Law.

Under the provision of the Memorandum and Articles of Association trustee directors are elected to serve for a period of three years, after which they may stand for re-election at the next Annual General Meeting.

Prospective trustees are encouraged to attend board meetings as observers prior to standing for election.

Havant and East Hants Mind is committed to ensuring a diversity of trustee directors and include those with personal experience of mental distress either directly or indirectly.

Trustees are encouraged to become familiar with the practical work of the organisation in order to gain insight and be better placed to serve as trustee directors.

HAVANT AND EAST HANTS MIND
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2017

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The executive committee is responsible for the management of risks faced by Havant and East Hants Mind.

A Risk Register is maintained and regularly reviewed by the Board. Risks are identified and assessed and controls established to mitigate them appropriately.

Service contracts which the charity has with Hampshire County Council specify standards in all areas of work and the standards are met across all the work of the agency. They are designed to minimise risks and provide a safe and professional service to clients and a safe working environment for staff and volunteers.

Mind has its own quality standards (Quality Management in Mind) in which Local Mind Associations (LMAs) can assess the quality of the services they provide and the work that they do. It describes the best practice for LMAs. It is also a tool to facilitate learning and development within the LMAs.

Havant and East Hants Mind is committed to quality and fully supports and participates in Quality Management in Mind. It also holds the Community Legal Service Quality Mark.

External risks to funding continue to be monitored by the executive committee and by management. Its strategic plan aims to broaden its funding base, explore social enterprise and prepare for personalisation. It will continue to seek out opportunities to work in partnership with other Local Mind Associations.

Key controls used are:

- Formal agendas for all committee activities
- Detailed and regular budget monitoring reports
- Comprehensive strategic planning, budgeting and management accounting
- Established organisational structure and lines of reporting
- Maintain reserves in line with policies and requirement
- Maintain compliance with Mind's quality standards
- Formal written policies reviewed a minimum of every three years.
- Safeguarding procedures as required by the law for the protection of the vulnerable.
- Comprehensive management information systems and key performance indicators.

Remuneration

Salary policy, bonuses and annual increments are approved by the remuneration sub-committee of the main trustee board. Staff salaries are set in line with NJC (National Joint Council for social work and charities) pay scales.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05861345 (England and Wales)

Registered Charity number

1116301

Registered office

Leigh Park Community Centre
Dunsbury Way
Havant
Hampshire
PO9 5BG

HAVANT AND EAST HANTS MIND
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2017

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

A Britt	Resigned 13 June 2017
D Childs Hopkins	
J Owens	
J Storry	Resigned 13 June 2017
G Travers	
S Southwell	
B Ayres	Resigned 13 June 2017
A Bell	Appointed 15 June 2017
M Holmes	Appointed 15 June 2017
R Broadhurst	Appointed 15 June 2017

Chief Executive

J Parker

Company Secretary

J Parker

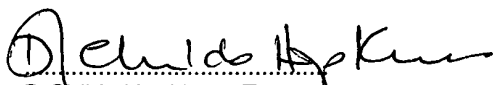
Independent examiner

P Underwood, FCCA
ICAEW
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Bankers

Natwest Bank
23 West Street
Havant
Hampshire
PO9 1EU

Approved by order of the board of trustees on 22 May 2018 and signed on its behalf by:


D Childs Hopkins - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HAVANT AND EAST HANTS MIND**

Independent examiner's report to the trustees of Havant and East Hants Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2017.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

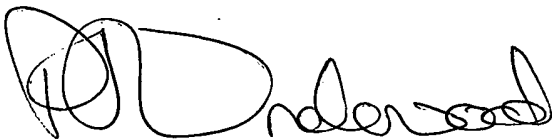
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



P Underwood
FCCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date: 20 June 2018

HAVANT AND EAST HANTS MIND

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2017

	Notes	Unrestricted funds £	Restricted funds £	2017 Total funds £	2016 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	11,579	-	11,579	6,006
Charitable activities					
Advocacy	5	276,176	-	276,176	236,689
Wellbeing		219,464	61,483	280,947	239,087
Business Development		-	-	-	13,584
Families team		15,700	37,790	53,490	-
Children and young people		-	30,180	30,180	-
Other trading activities	3	12,400	-	12,400	9,860
Investment income	4	102	-	102	692
Total		535,421	129,453	664,874	505,918
EXPENDITURE ON					
Charitable activities					
Advocacy	6	235,672	9,889	245,561	154,242
Wellbeing		281,277	43,124	324,401	258,813
Business Development		35,980	11	35,991	38,437
Families team		8,688	32,269	40,957	-
Children and young people		512	22,779	23,291	-
Total		562,129	108,072	670,201	451,492
NET INCOME/(EXPENDITURE)		(26,708)	21,381	(5,327)	54,426
Other recognised gains/(losses)					
Actuarial gains/losses on defined benefit schemes		123	-	123	(3,872)
Net movement in funds		(26,585)	21,381	(5,204)	50,554
RECONCILIATION OF FUNDS					
Total funds brought forward		494,766	2,731	497,497	446,943
TOTAL FUNDS CARRIED FORWARD		468,181	24,112	492,293	497,497

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

HAVANT AND EAST HANTS MIND

**BALANCE SHEET
AT 30 SEPTEMBER 2017**

	Notes	2017 £	2016 £
FIXED ASSETS			
Tangible assets	13	8,930	7,787
CURRENT ASSETS			
Debtors	14	61,170	77,433
Cash at bank and in hand		574,159	467,480
		<u>635,329</u>	<u>544,913</u>
CREDITORS			
Amounts falling due within one year	15	(143,686)	(45,939)
NET CURRENT ASSETS		<u>491,643</u>	<u>498,974</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		500,573	506,761
PROVISIONS FOR LIABILITIES	16	(8,280)	(9,264)
NET ASSETS		<u>492,293</u>	<u>497,497</u>
FUNDS	18		
Unrestricted funds		468,181	494,766
Restricted funds		24,112	2,731
TOTAL FUNDS		<u>492,293</u>	<u>497,497</u>

The notes form part of these financial statements

HAVANT AND EAST HANTS MIND

**BALANCE SHEET - CONTINUED
AT 30 SEPTEMBER 2017**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2017.

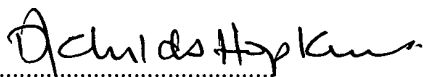
The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 22 MAY 2018 and were signed on its behalf by:



D Childs Hopkins -Trustee

HAVANT AND EAST HANTS MIND
CASH FLOW STATEMENT
FOR THE YEAR ENDED 30 SEPTEMBER 2017

	Notes	2017 £	2016 £
Cash flows from operating activities:			
Cash generated from operations	1	111,540	51,000
		<u>111,540</u>	<u>51,000</u>
Net cash provided by (used in) operating activities		<u>111,540</u>	<u>51,000</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		(4,963)	(5,669)
Interest received		102	692
		<u>(4,861)</u>	<u>(4,977)</u>
Net cash provided by (used in) investing activities		<u>(4,861)</u>	<u>(4,977)</u>
Change in cash and cash equivalents in the reporting period		<u>106,679</u>	<u>46,023</u>
Cash and cash equivalents at the beginning of the reporting period		<u>467,480</u>	<u>421,457</u>
Cash and cash equivalents at the end of the reporting period		<u><u>574,159</u></u>	<u><u>467,480</u></u>

The notes form part of these financial statements

HAVANT AND EAST HANTS MIND

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 30 SEPTEMBER 2017

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2017 £	2016 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(5,327)	54,426
Adjustments for:		
Depreciation charges	3,821	2,348
Loss on disposal of fixed assets	-	86
Interest received	(102)	(692)
Decrease in debtors	16,262	19,213
Increase/(decrease) in creditors	97,747	(23,636)
Difference between pension charge and cash contributions	(861)	(745)
Net cash provided by (used in) operating activities	<u>111,540</u>	<u>51,000</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2017

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

All costs are allocated between the expenditure categories of the statement of financial activity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - at varying rates on cost

Individual fixed assets costing £100 or more are capitalised at cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

1. ACCOUNTING POLICIES - continued

Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable investments in stocks and shares. The measurement basis used for these instruments is detailed below.

Debtors and cash at bank

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and in hand includes cash held on deposit or in a current account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. DONATIONS AND LEGACIES

	2017 £	2016 £
Donations	8,644	6,006
Legacies	2,935	-
	<u>11,579</u>	<u>6,006</u>

3. OTHER TRADING ACTIVITIES

	2017 £	2016 £
Student placements	<u>12,400</u>	<u>9,860</u>

4. INVESTMENT INCOME

	2017 £	2016 £
Deposit account interest	<u>102</u>	<u>692</u>

All investment income is derived from assets held in the United Kingdom.

5. INCOME FROM CHARITABLE ACTIVITIES

	2017 £	2016 £
HARG	276,176	236,689
Hampshire Minds	219,464	225,604
Grants	61,483	13,483
National Mind	-	13,584
Grants	53,490	-
Grants	30,180	-
	<u>640,793</u>	<u>489,360</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

5. INCOME FROM CHARITABLE ACTIVITIES - continued

Grants received, included in the above, are as follows:

	2017	2016
	£	£
Mind	13,483	13,483
Havant Borough Council	10,590	-
South East Hants CCG	28,000	-
East Hants District Council	20,000	-
Hampshire County Council	73,080	-
	<u>145,153</u>	<u>13,483</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7)	Support costs (See note 8)	Totals
	£	£	£
Advocacy	239,019	6,542	245,561
Wellbeing	315,963	8,438	324,401
Business Development	34,958	1,033	35,991
Families team	40,268	689	40,957
Children and young people	22,774	517	23,291
	<u>652,982</u>	<u>17,219</u>	<u>670,201</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2017	2016
	£	£
Staff costs	526,580	353,369
Insurance	470	470
Telephone	13,620	8,546
Postage and stationery	13,491	12,834
Club activities and sundry expenses	14,351	7,162
Rent	25,740	19,098
Travel and subsistence	31,035	19,805
Refreshments	781	2,905
Training	8,845	6,989
Wellbeing and art fees	200	-
Electricity	1,649	1,229
Repairs	1,249	874
Legal and professional fees	10,000	-
Allowance for doubtful debts	1,050	-
Depreciation	3,821	2,348
Loss on sale of assets	-	86
Interest payable and similar charges	100	124
	<u>652,982</u>	<u>435,839</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

8. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Advocacy	4,363	12	2,167	6,542
Wellbeing	5,628	16	2,794	8,438
Business Development	689	2	342	1,033
Families team	460	1	228	689
Children and young people	345	1	171	517
	<u>11,485</u>	<u>32</u>	<u>5,702</u>	<u>17,219</u>

Activity	Basis of allocation
Management	Direct expenses
Finance	Direct expenses
Governance costs	Direct expenses

Support costs, included in the above, are as follows:

Management

	Advocacy	Wellbeing	Business Development
	£	£	£
Insurance	1,194	1,539	188
Sundries	378	489	60
Rent	1,907	2,460	301
Subscriptions	609	784	96
IT expenses	275	356	44
	<u>4,363</u>	<u>5,628</u>	<u>689</u>

	Families team	Children and young people	2017 Total activities	2016 Total activities
	£	£	£	£
Insurance	126	94	3,141	3,241
Sundries	40	30	997	698
Rent	201	151	5,020	6,006
Subscriptions	64	48	1,601	1,616
IT expenses	29	22	726	1,613
	<u>460</u>	<u>345</u>	<u>11,485</u>	<u>13,174</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

8. SUPPORT COSTS - continued

Finance

	Advocacy £	Wellbeing £	Business Development £
Bank charges	12	16	2
	<u>12</u>	<u>16</u>	<u>2</u>
	Families team £	Children and young people £	2017 Total activities £
Bank charges	1	1	32
	<u>1</u>	<u>1</u>	<u>32</u>
			2016 Total activities £
			95
			<u>95</u>

Governance costs

	Advocacy £	Wellbeing £	Business Development £
Professional and legal fees	1,279	1,649	202
Independent examiner's fee	888	1,145	140
	<u>2,167</u>	<u>2,794</u>	<u>342</u>
	Families team £	Children and young people £	2017 Total activities £
Professional and legal fees	135	101	3,366
Independent examiner's fee	93	70	2,336
	<u>228</u>	<u>171</u>	<u>5,702</u>
			2016 Total activities £
			-
			2,384
			<u>2,384</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2017 £	2016 £
Depreciation - owned assets	3,820	2,350
Deficit on disposal of fixed asset	-	86
Independent examiner's fee	2,286	2,384
	<u>2,286</u>	<u>2,384</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

10. TRUSTEES' REMUNERATION AND BENEFITS

During the year no trustee director (2016: None) received remuneration (2016: £nil) for counselling services. No other benefits were received in either year.

Trustees' expenses

Three trustee directors (2016: Three) received reimbursement of expenses for subscriptions, travelling and office costs totalling £1,768 (2016: £719).

11. STAFF COSTS

	2017 £	2016 £
Wages and salaries	486,495	324,799
Social security costs	31,506	22,981
Other pension costs	8,579	5,589
	<u>526,580</u>	<u>353,369</u>

The average monthly number of employees during the year was as follows:

	2017	2016
Charitable activities	26	20
Support costs	2	1
	<u>28</u>	<u>21</u>

No employee received emoluments in excess of £60,000 (2016: none).

The key management personnel of the Charity comprises of the Chief Executive Officer, Director of Advocacy, Business Development Manager and Director of Services. The total employee remuneration and benefits of the key management personnel of the charity was £149,585 (2016: £118,704).

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,006	-	6,006
Charitable activities			
Advocacy	236,689	-	236,689
Wellbeing	225,604	13,483	239,087
Business Development	13,584	-	13,584
Other trading activities	9,860	-	9,860
Investment income	692	-	692
Total	<u>492,435</u>	<u>13,483</u>	<u>505,918</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Charitable activities			
Advocacy	154,242	-	154,242
Wellbeing	233,161	25,652	258,813
Business Development	38,437	-	38,437
Total	<u>425,840</u>	<u>25,652</u>	<u>451,492</u>
NET INCOME/(EXPENDITURE)	66,595	(12,169)	54,426
Other recognised gains/(losses)			
Actuarial gains/losses on defined benefit schemes	(3,872)	-	(3,872)
Net movement in funds	62,723	(12,169)	50,554
RECONCILIATION OF FUNDS			
Total funds brought forward	432,043	14,900	446,943
TOTAL FUNDS CARRIED FORWARD	<u><u>494,766</u></u>	<u><u>2,731</u></u>	<u><u>497,497</u></u>

13. TANGIBLE FIXED ASSETS	Plant and machinery £	Fixtures and fittings £	Totals £
COST			
At 1 October 2016	14,430	2,343	16,773
Additions	3,146	1,817	4,963
At 30 September 2017	<u>17,576</u>	<u>4,160</u>	<u>21,736</u>
DEPRECIATION			
At 1 October 2016	7,599	1,387	8,986
Charge for year	3,624	196	3,820
At 30 September 2017	<u>11,223</u>	<u>1,583</u>	<u>12,806</u>
NET BOOK VALUE			
At 30 September 2017	<u>6,353</u>	<u>2,577</u>	<u>8,930</u>
At 30 September 2016	<u><u>6,831</u></u>	<u><u>956</u></u>	<u><u>7,787</u></u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade debtors	12,303	49,279
Other debtors	48,867	28,154
	<u>61,170</u>	<u>77,433</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade creditors	109,572	41,213
Deferred income	27,200	-
Accrued expenses	6,914	4,726
	<u>143,686</u>	<u>45,939</u>

	2017	2016
	£	£
Brought forward	-	-
Amount released to incoming resources	-	-
Amount deferred in year	27,200	-
Carried forward	<u>27,200</u>	<u>-</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

16. PROVISIONS FOR LIABILITIES

	2017	2016
	£	£
Provisions	<u>8,280</u>	<u>9,264</u>

A full actuarial valuation for the scheme was carried out at 30 September 2014. This valuation showed assets of £793m, liabilities of £970m and a deficit of £177m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

Reconciliation of opening and closing provisions

	Period Ending 30 September 2017 £	Period Ending 30 September 2016 £
Provision at start of period	9,264	6,139
Unwinding of the discount factor (interest expense)	100	124
Deficit contribution paid	(961)	(871)
Remeasurements - impact of any change in assumptions	(123)	417
Remeasurements - amendments to the contribution schedule	-	3,455
Provision at the end of period	8,280	9,264

Income and expenditure impact

	Period Ending 30 September 2017 £	Period Ending 30 September 2016 £
Interest expense	100	124
Remeasurements - impact of any change in assumptions	(123)	417
Remeasurements - amendments to the contribution schedule	-	3,455

Assumptions

	30 September 2017% per annum	30 September 2016% per annum	30 September 2015% per annum
Rate of discount	1.52	1.15	2.18

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2017 Total funds £	2016 Total funds £
Fixed assets	8,930	-	8,930	7,787
Current assets	611,217	24,112	635,329	544,913
Current liabilities	(143,686)	-	(143,686)	(45,939)
Provision for liabilities	(8,280)	-	(8,280)	(9,264)
	<u>468,181</u>	<u>24,112</u>	<u>492,293</u>	<u>497,497</u>

18. MOVEMENT IN FUNDS

	At 1.10.16 £	Net movement in funds £	At 30.9.17 £
Unrestricted funds			
General fund	494,766	(34,279)	460,487
Secondment	-	7,694	7,694
	<u>494,766</u>	<u>(26,585)</u>	<u>468,181</u>
Restricted funds			
In Sync Project	2,731	2,093	4,824
Low Int Support Families	-	6,141	6,141
Crisis Care	-	(3,229)	(3,229)
East Hants	-	9,692	9,692
0-19 Project	-	7,406	7,406
Supporting Families	-	(722)	(722)
	<u>2,731</u>	<u>21,381</u>	<u>24,112</u>
TOTAL FUNDS	<u>497,497</u>	<u>(5,204)</u>	<u>492,293</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	519,721	(554,123)	123	(34,279)
Secondment	15,700	(8,006)	-	7,694
	<u>535,421</u>	<u>(562,129)</u>	<u>123</u>	<u>(26,585)</u>
Restricted funds				
In Sync Project	13,483	(11,390)	-	2,093
Low Int Support Families	10,590	(4,449)	-	6,141
Crisis Care	28,000	(31,229)	-	(3,229)
East Hants	20,000	(10,308)	-	9,692
0-19 Project	30,180	(22,774)	-	7,406
Supporting Families	27,200	(27,922)	-	(722)
	<u>129,453</u>	<u>(108,072)</u>	<u>-</u>	<u>21,381</u>
TOTAL FUNDS	<u>664,874</u>	<u>(670,201)</u>	<u>123</u>	<u>(5,204)</u>

Comparatives for movement in funds

	At 1.10.15 £	Net movement in funds £	At 30.9.16 £
Unrestricted Funds			
General fund	432,043	62,723	494,766
Restricted Funds			
Men's Sheds	11,950	(11,950)	-
Blue Lamp Trust	1,450	(1,450)	-
Minor Aid	1,500	(1,500)	-
In Sync Project	-	2,731	2,731
	<u>14,900</u>	<u>(12,169)</u>	<u>2,731</u>
TOTAL FUNDS	<u>446,943</u>	<u>50,554</u>	<u>497,497</u>

HAVANT AND EAST HANTS MIND

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 SEPTEMBER 2017**

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	492,435	(425,840)	(3,872)	62,723
Restricted funds				
Men's Sheds	-	(11,950)	-	(11,950)
Blue Lamp Trust	-	(1,450)	-	(1,450)
Minor Aid	-	(1,500)	-	(1,500)
In Sync Project	13,483	(10,752)	-	2,731
	<u>13,483</u>	<u>(25,652)</u>	<u>-</u>	<u>(12,169)</u>
TOTAL FUNDS	<u>505,918</u>	<u>(451,492)</u>	<u>(3,872)</u>	<u>50,554</u>

In Sync Project - Grant from National Mind to develop a whole school approach to mental health in one primary and one secondary school in the Leigh Park area.

Low Int Support Families - Grants from local councillors plus Zurich Insurance for families support.

Crisis Care - MCP project funded by SEH CCG to support mental health patients at GP surgeries.

East Hants - MCP project funded by East Hants District Council to support mental health patients at GP surgeries.

0-19 Project - Young persons' project funded by Havant Borough Council.

Supporting Families - Local implementation of national Troubled families project, funded by Hampshire County Council.

Any funds in deficit have sufficient funding in the next financial year to fund this shortfall.

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2017.

20. ULTIMATE CONTROLLING PARTY

During the year the charitable company was under the control of its members, no one member has overall control.